



www.myschoollunch.co.uk/bridgend

**Don't forget
to try out our
SALAD BAR**

**Available every
day.**

Also served daily:

- Fresh Fruit
- Wholemeal Bread
- Yoghurt
- Cheese & Biscuits
- Ice cream
- Milk
- Water

Occasionally due to circumstances beyond our control it may be necessary to change or replace some menu items or ingredients.

*** NURSERY PUPILS**
BRIDGEND
County Borough Council



INVESTMENT IN PEOPLE

PRIMARY MENU

WEEK 1

WEEK 2

WEEK 3



<p>MONDAY Chilli Con Carne or * Crumbed Fillet of Fish or Jacket Potato topped with Cheese ✓ Jacket Potato Wedges or Wholegrain Rice Broccoli Florets & Sweetcorn Kernels or Salad Bar Chocolate Orange Sponge & White Sauce</p>	<p>MONDAY * Salmon & Cod Fish Fingers or BBQ Chicken Sauté Potatoes or Wholegrain Rice or Couscous Baked Beans or Garden Peas & Salad Bar Marble Banana Sponge & Custard</p>	<p>MONDAY Sweet & Sour Chicken or * Cod Fish Fingers Noodles or Wholegrain Rice or Seasoned Potatoes Fruity Coleslaw & Garden Peas or Salad Bar Pineapple Sponge & Custard</p>
<p>TUESDAY * Chicken & Vegetable Hotpot or Beef Grill or Vegetable Hotpot ✓ Boiled Potatoes or Roast Potatoes Country Vegetable Medley & Diced Swede or Salad Bar Arctic Roll & Mandarin Segments</p>	<p>TUESDAY * Savoury Meatballs in Tomato/Gravy Sauce or Tuna Pasta or Assorted Filled Wraps Pasta or Jacket Potato Broccoli Florets & Sweetcorn Kernels or Salad Bar Rice Pudding</p>	<p>TUESDAY * Beef Bolognese & French Bread or Tuna & Cheese Melt Jacket Potato or Pasta Country Vegetable Mix & Garden Peas or Salad Bar Fruit Salad or Jam & Cream Scone / Sponge</p>
<p>WEDNESDAY Cheese & Potato Pie ✓ or * Pork Grill Creamed Potatoes or Jacket Potato Garden Peas or Baked Beans/Tomatoes or Salad Bar Peach Crumble/Sponge & Custard</p>	<p>WEDNESDAY Chicken & Leek Casserole or * Oven Baked Sausages & Yorkshire Pudding & Rich Gravy Sauce or Vegetarian Oven Baked Sausages ✓ Boiled Potatoes or Creamed Potatoes Fresh Baton Carrots & Shredded Cabbage or Salad Bar Fruit Jelly & Strawberry Cream</p>	<p>WEDNESDAY Roast Pork Loin & Sage & Onion Stuffing, Apple Sauce & Rich Gravy Sauce or * Chicken & Lentil Stew or Vegetable Stew ✓ Boiled or Creamed Potatoes Fresh Baton Carrots & Sliced Green Beans or Salad Bar Arctic Roll & Mandarin Segments</p>
<p>THURSDAY Turkey Lasagne/Bolognese Bake or * Wholemeal Cheese & Tomato Pizza Jacket Potato or Seasoned Potatoes Sweetcorn Kernels & Garden Peas or Salad Bar Fruit Jelly & Cream Swirl</p>	<p>THURSDAY Lamb Shepherd's Pie or * Chicken Bites or Cheese & Potato Pie ✓ Creamed Potatoes or Boiled Potatoes Green Beans & Baton Carrots or Salad Bar Apple Sponge</p>	<p>THURSDAY Wholemeal Cheese & Tomato Pizza ✓ or * Haddock Bake Boiled Potatoes or Sauté Potatoes Country Vegetable Mix or Salad Bar Marble Banana Sponge & Custard</p>
<p>FRIDAY Chicken Korma or Vegetable Korma ✓ or * Alaskan Salmon Bake Wholegrain Rice or Chipped Potatoes Fruity Coleslaw & Sweetcorn Kernels or Salad Bar Coconut & Pineapple Oat Cookies</p>	<p>FRIDAY Lemon Sole Grill or * Cooked Ham or Jacket Potato topped with Cheese ✓ Jacket Potato or Chipped Potatoes Garden Peas or Salad Bar Banana Flapjack</p>	<p>FRIDAY * Oven Baked Sausages or Assorted Filled Baguettes or Jacket Potato topped with Cheese & Coleslaw ✓ Jacket Potato or Chipped Potatoes Baked Beans or Sweetcorn Kernels or Salad Bar Chocolate & Banana & Sultana Muffin</p>