



# Lunch Menu



www.myschoollunch.co.uk

Weeks commencing: 31 Oct, 21 Nov, 12 Dec, 16 Jan, 6 Feb, 5 Mar, 26 Mar

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	<b>The Main Event</b>	Pork sausage hot dog	Roast turkey with gravy	Herby spaghetti	Golden topped beef shepherd's pie	Golden fish fingers with tomato sauce
	<b>And to Go With</b>	Oven baked potato wedges Baked beans	Crispy roast potatoes Roasted winter vegetables	French bread Carrots	Broccoli florets	Chipped potatoes Garden peas
	<b>Pudding</b>	Oaty flapjack and fruit juice	Fruity chocolate pudding with custard	Gingerbread person and a milkshake	Steamed jam sponge with custard	Bakewell tart with custard

Weeks Commencing: 7 Nov, 28 Nov, 2 Jan, 23 Jan, 20 Feb, 12 Mar

Week 2	<b>The Main Event</b>	Wholemeal pepperoni pizza	Roast chicken breast with gravy	Pork sausages with gravy	Beef lasagne	Crispy battered fish fillet
	<b>And to Go With</b>	Oven baked potato wedges Baked beans	Crispy roast potatoes Carrots	Creamed potatoes Roasted winter vegetables	Garlic bread Broccoli florets	Chipped potatoes Garden peas
	<b>Pudding</b>	Chocolate cracknell and fruit juice	Pineapple upside down pudding with custard	Strawberry whip	Lemon drizzle cake with custard	Iced bun and a milkshake

Weeks Commencing: 14 Nov, 5 Dec, 9 Jan, 30 Jan, 27 Feb, 19 Mar

Week 3	<b>The Main Event</b>	Crispy chicken grill in a wholemeal bun with tomato sauce	Roast leg of Suffolk pork with apple sauce	Creamy macaroni cheese	Sausage and bean pie	Golden fish fingers with tomato sauce
	<b>And to Go With</b>	Oven baked potato waffles Garden peas	Crispy roast potatoes Carrots	Tomato bread Baked beans	Oven baked potato wedges Roasted winter vegetables	Chipped potatoes Sweetcorn niblets
	<b>Pudding</b>	Lemon love cake with custard	Eve's pudding with custard	Fudge tart with chocolate sauce	Apricot and cornflake cookie and fruit juice	Fruity apple crumble with custard

A vegetarian option is available everyday if required.  
Bread served as an additional item. Fresh water available.



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to find out more about school catering in your school

