

Munchin

Week 1

Monday

Loaded Vegetable Pizza
Baked Beans
Oven Chips
Rice Pudding With Fresh Fruit

Tuesday

Salmon Pasta Bake
Salad Bar
Victoria Sponge
Custard Sauce

Wednesday

Roast Pork
Apple Sauce
Gravy
Spicy Bean Burger
Cabbage
Carrots
Oven Roast & Creamed Potatoes
Home-made Carrot Cake

Thursday

Cheese Pinwheels
Garden Peas & Sweetcorn
Parsley Potatoes
Fruit Crumble
Custard Sauce

Friday

Baked Sausage
Quorn Sausage
Gravy
Swede and Carrots Mix
Oven Baked Diced Potatoes
Chunky Fruit Muffin

Week 2

Monday

Oven Baked Breaded Fish
Parsley Sauce
Garden Peas & Sweetcorn
Oven Chips
Yoghurt

Tuesday

Spaghetti Bolognese
Quorn Spaghetti Bolognese
Salad Bar
Jam Roly Poly
Custard Sauce

Wednesday

Roast Turkey
Sage & Onion Stuffing
Quiche
Gravy
Mixed Vegetable Medley
Oven Roast & Creamed Potatoes
Shortbread Biscuit
Fresh Fruit Juice

Thursday

Vegetable Curry
Garden Peas & Sweetcorn
Boiled Rice
Eve's Pudding
Custard Sauce

Friday

Chicken Casserole With Dumplings
Quorn Stew and Dumplings
Cabbage, Leek and Courgette Medley
Creamed Potatoes
Ice-Cream