

Week 1

Monday

Chicken Tikka Masala
Quorn Curry
Mixed Vegetable Medley
Salad Bar
Boiled Rice
Fresh Fruit Salad

Tuesday

Baked Sausage
Quorn Sausage
Gravy
Carrots
Broccoli
Salad Bar
Creamed Potatoes
Fruit Crumble
Custard Sauce

Wednesday

Gammon With Pineapple
Cheese Sauce
Cheese & Onion Pie
Fresh Cauliflower
Green Beans
Salad Bar
New Potatoes
Yoghurt

Thursday

Cheese & Tomato Pizza
Garden Peas
Golden Sweetcorn
Salad Bar
Garlic Pasta
Homemade Carrot Cake

Friday

Salmon Fish Cake
Parsley Sauce
Baked Beans
Broccoli
Salad Bar
Oven Chips
Ice-Cream
Shortbread Biscuit

Week 2

Monday

Savoury Mince
Quorn Savoury Mince
Yorkshire Pudding
Garden Peas
Golden Sweetcorn
Salad Bar
Oven Baked Potatoes
Chocolate Brownies

Tuesday

Cheese & Tomato Pizza
Green Beans
Fresh Cauliflower
Salad Bar
Oven Chips
Flavoured Milkshake
Ginger Biscuit

Wednesday

Oven Baked Fish Fingers
Parsley Sauce
Mixed Vegetable Medley
Salad Bar
Potato Wedges
Apple and Treacle Tart
Custard Sauce

Thursday

Roast Pork
Gravy
Sage & Onion Stuffing
Quorn Sausage
Swede and Carrots Mix
Broccoli
Salad Bar
Creamed Potatoes
Yoghurt

Friday

Home-Made Sausage Roll
Crunchy Coleslaw
Baked Beans
Salad Bar
Garlic Pasta
Fresh Fruit Salad

