

# Munchin

**Week 1**

## Monday

Salmon Fish Cake  
Parsley Sauce  
Mixed Vegetable Medley  
Salad Bar  
Jacket Potatoes  
Jam Sponge  
Custard Sauce  
Fresh Fruit Salad  
Yoghurt  
\*\*\*\*\*  
Pasta Bar

## Tuesday

Sausage Pie  
Gravy  
Garden Peas & Sweetcorn  
Salad Bar  
Creamed Potatoes  
Ginger Sponge  
Custard Sauce  
Fairy Bun  
Fresh Fruit  
\*\*\*\*\*  
Pasta Bar

## Wednesday

Pizza Swirls  
Carrots  
Broccoli  
Salad Bar  
New Potatoes  
Chocolate Fudge Pudding  
Custard Sauce  
Jelly With Cream  
Fresh Fruit  
\*\*\*\*\*  
Pasta Bar

## Thursday

Savoury Mince  
Yorkshire Pudding  
Cabbage  
Salad Bar  
Creamed Potatoes  
Fruit Crumble  
Custard Sauce  
Ice-Cream  
Fresh Fruit  
\*\*\*\*\*  
Pasta Bar

## Friday

Oven Baked Fish Fingers  
Parsley Sauce  
Broccoli  
Fresh Cauliflower  
Baked Beans  
Salad Bar  
Parsley Potatoes  
Lemon Crunch Tart  
Custard Sauce  
Abbey Crunch Biscuit  
Fresh Fruit Juice  
Fresh Fruit  
\*\*\*\*\*  
Pasta Bar

**Week 2**

## Monday

Cheese & Onion Pie  
Garden Peas & Sweetcorn  
Baked Beans  
Salad Bar  
Jacket Potatoes  
Rice Pudding With Fresh Fruit  
Ginger Biscuit  
Fresh Fruit Juice  
Yoghurt  
\*\*\*\*\*  
Pasta Bar

## Tuesday

Roast Chicken In Gravy  
Cabbage  
Carrots  
Salad Bar  
Roast Potatoes  
Syrup Sponge  
Custard Sauce  
Apple Scones  
Fresh Fruit  
\*\*\*\*\*  
Pasta Bar

## Wednesday

Toad In The Hole  
Mixed Vegetable Medley  
Salad Bar  
Creamed Potatoes  
Eve's Pudding  
Custard Sauce  
Flapjack  
Fresh Fruit Juice  
Yoghurt  
\*\*\*\*\*  
Pasta Bar

## Thursday

Oven Baked Breaded Fish  
Parsley Sauce  
Broccoli  
Fresh Cauliflower  
Salad Bar  
New Potatoes  
Jam Shortcake  
Custard Sauce  
Chunky Fruit Muffin  
Fresh Fruit  
\*\*\*\*\*  
Pasta Bar

## Friday

Chicken in Wholemeal Crumb  
Crunchy Coleslaw  
Green Beans  
Salad Bar  
Homemade Jacket Wedges  
Viennese Tart  
Custard Sauce  
Ice-Cream Roll  
Fresh Fruit  
\*\*\*\*\*  
Pasta Bar

