

**Week 1**

## Monday

Cheese & Tomato Pizza  
 Salmon Fish Cake  
 Mixed Vegetable Medley  
 Salad Bar  
 Oven Baked Potatoes  
 Jacket Potatoes  
 Fruit Crumble  
 Custard Sauce  
 Ice-Cream  
 Fresh Fruit  
 \*\*\*\*\*  
 Pasta And Jacket Bar  
 Assorted Cold Sweets

## Tuesday

Baked Sausage  
 Gravy  
 Cheese & Onion Pie  
 Carrots  
 Broccoli  
 Salad Bar  
 Creamed Potatoes  
 Custard Sauce  
 Syrup Sponge  
 Flapjack  
 Fresh Fruit Juice  
 Fresh Fruit  
 \*\*\*\*\*  
 Pasta And Jacket Bar  
 Assorted Cold Sweets

## Wednesday

Lamb Pasty  
 Gravy  
 Vegetable Lasagne  
 Garden Peas & Sweetcorn  
 Salad Bar  
 New Potatoes  
 Couscous  
 Chocolate Brownie  
 Fresh Fruit  
 \*\*\*\*\*  
 Pasta And Jacket Bar  
 Assorted Cold Sweets

## Thursday

Roast Pork  
 Sage & Onion Stuffing  
 Gravy  
 Cheese Pinwheels  
 Cabbage  
 Carrots  
 Salad Bar  
 Oven Roast & Creamed Potatoes  
 Iced Finger Roll  
 Fresh Fruit Salad  
 Yoghurt  
 \*\*\*\*\*  
 Pasta And Jacket Bar  
 Assorted Cold Sweets

## Friday

Baked Macaroni Cheese  
 Parsley Sauce  
 Oven Baked Fish Fingers  
 Garden Peas  
 Baked Beans  
 Salad Bar  
 Potato Wedges  
 Homemade Garlic Bread  
 Pineapple Shortcake  
 Custard Sauce  
 Fruit In Jelly  
 Fresh Fruit  
 \*\*\*\*\*  
 Pasta And Jacket Bar  
 Assorted Cold Sweets

**Week 2**

## Monday

Chicken and Tomato Penne Pasta  
 Tuna Fishcake  
 Broccoli  
 Golden Sweetcorn  
 Salad Bar  
 Oven Baked Potatoes  
 Jam Pinwheels  
 Custard Sauce  
 Yoghurt  
 Fresh Fruit Salad  
 \*\*\*\*\*  
 Pasta And Jacket Bar  
 Assorted Cold Sweets

## Tuesday

Savoury Mince  
 Yorkshire Pudding  
 Cheese & Tomato Pizza  
 Broccoli and Cauliflower Mornay  
 Salad Bar  
 Oven Baked Potatoes  
 Roast Potatoes  
 Rice Pudding With Fresh Fruit  
 Delight  
 Fresh Fruit  
 \*\*\*\*\*  
 Pasta And Jacket Bar  
 Assorted Cold Sweets

## Wednesday

Home-Made Sausage Roll  
 Gravy  
 Vegetarian Pasta Bake  
 Carrots  
 Garden Peas  
 Salad Bar  
 Creamed Potatoes  
 Fruit Pie  
 Custard Sauce  
 Jam & Cream Scone  
 Fresh Fruit  
 \*\*\*\*\*  
 Pasta And Jacket Bar  
 Assorted Cold Sweets

## Thursday

Roast Chicken In Gravy  
 Oven Baked Breaded Fish  
 Parsley Sauce  
 Mixed Vegetable Medley  
 Salad Bar  
 Roast Potatoes  
 Chunky Fruit Muffin  
 Yoghurt  
 Fresh Fruit  
 \*\*\*\*\*  
 Pasta And Jacket Bar  
 Assorted Cold Sweets

## Friday

Home-Made Burger In A Bun  
 Quiche  
 Crunchy Coleslaw  
 Baked Beans  
 Salad Bar  
 Oven Chips  
 Jacket Potatoes  
 Strawberry Victoria Sponge  
 Custard Sauce  
 Fresh Fruit Juice  
 Abbey Crunch Biscuit  
 Fresh Fruit  
 \*\*\*\*\*  
 Pasta And Jacket Bar  
 Assorted Cold Sweets

