

Week 1

Monday

Pork Pasty
Gravy
Breaded Salmon Fillet
Mixed Vegetable Medley
Salad Bar
Creamed Potatoes
Lemon Crunch Tart
Custard Sauce
Ice-Cream
Fresh Fruit

Tuesday

Roast Chicken In Gravy
Cheese & Onion Pie
Carrots
Broccoli
Salad Bar
Oven Baked Potatoes
Rice Pudding With Fresh Fruit
Delight
Fresh Fruit

Wednesday

Toad In The Hole
Gravy
Vegetable Samosa
Cabbage
Swede and Carrots Mix
Salad Bar
Oven Roast & Creamed Potatoes
Chocolate Sponge
Chocolate Sauce
Yoghurt
Fresh Fruit

Thursday

Chilli Chicken Fajitas
Cheese & Tomato Pizza
Garden Peas
Golden Sweetcorn
Salad Bar
Garlic Pasta
Flavoured Milkshake
Fresh Fruit Juice
Abbey Crunch Biscuit
Fresh Fruit Salad
Yoghurt

Friday

Spaghetti Bolognaise
Oven Baked Fish Fingers
Green Beans
Baked Beans
Salad Bar
Parsley Potatoes
Homemade Garlic Bread
Jam Shortcake
Custard Sauce
Fruit In Jelly
Fresh Fruit

Week 2

Monday

Chicken Casserole With Dumplings
Salmon Fish Cake
Carrots
Garden Peas
Salad Bar
Oven Baked Potatoes
Jacket Potatoes
Ginger Sponge
Custard Sauce
Yoghurt
Fresh Fruit Salad

Tuesday

Savoury Mince
Cheese & Tomato Pizza
Broccoli
Golden Sweetcorn
Salad Bar
Pasta Shells
New Potatoes
Fruit Crumble
Custard Sauce
Ice-Cream Roll
Fresh Fruit

Wednesday

Roast Pork
Gravy
Quiche
Carrots
Fresh Cauliflower
Salad Bar
Oven Roast & Creamed Potatoes
Rice Pudding With Fresh Fruit
Carrot Cake
Fresh Fruit

Thursday

Chicken Pie
Gravy
Vegetarian Pasta Bake
Mixed Vegetable Medley
Salad Bar
Creamed Potatoes
Tomato and Basil Bread
Chunky Fruit Muffin
Yoghurt
Fresh Fruit

Friday

Home-Made Sausage Roll
Oven Baked Breaded Fish
Parsley Sauce
Garden Peas
Baked Beans
Salad Bar
Oven Chips
Jacket Potatoes
Strawberry Victoria Sponge
Custard Sauce
Yoghurt
Fresh Fruit

