

Munchin

Week 1

Monday

Chicken Tikka Masala
Breaded Salmon Fillet
Mixed Vegetable Medley
Salad Bar
Boiled Rice
Jacket Potatoes
Lemon Crunch Tart
Custard Sauce
Delight
Fresh Fruit

Pasta Bar
Assorted Cold Sweets

Tuesday

Baked Sausage
Gravy
Vegetable Lasagne
Carrots
Broccoli
Salad Bar
Creamed Potatoes
Fruit Crumble
Custard Sauce
Apple Turnovers
Fresh Fruit

Pasta Bar
Assorted Cold Sweets

Wednesday

Spaghetti Bolognaise
Cheese & Onion Pie
Garden Peas & Sweetcorn
Salad Bar
New Potatoes
Couscous
Chocolate Sponge
Chocolate Sauce
Fruit In Jelly
Fresh Fruit

Pasta Bar
Assorted Cold Sweets

Thursday

Roast Turkey
Sage & Onion Stuffing
Gravy
Quiche
Cabbage, Leek and Courgette Medley
Salad Bar
Oven Roast & Creamed Potatoes
Orange Gateau
Fresh Fruit Salad
Yoghurt

Pasta Bar
Assorted Cold Sweets

Friday

Cheese & Tomato Pizza
Vegetable Samosa
Courgettes
Baked Beans
Salad Bar
Potato Wedges
Garlic Pasta
Jam Shortcake
Custard Sauce
Ice-Cream Roll
Fresh Fruit

Week 2

Monday

Chicken and Tomato Penne Pasta
Oven Baked Fish Fingers
Broccoli
Golden Sweetcorn
Salad Bar
Oven Baked Potatoes
Ginger Sponge
Custard Sauce
Yoghurt
Fresh Fruit Salad

Pasta Bar
Assorted Cold Sweets

Tuesday

Savoury Mince
Yorkshire Pudding
Gravy
Loaded Vegetable Pizza
Courgettes
Baked Beans
Salad Bar
Oven Baked Potatoes
Noodles
Rice Pudding With Fresh Fruit
Carrot Cake
Fresh Fruit

Pasta Bar
Assorted Cold Sweets

Wednesday

Roast Pork
Sage & Onion Stuffing
Gravy
Quorn Curry
Carrots
Garden Peas
Salad Bar
Creamed Potatoes
Boiled Rice
Fruit Pie
Custard Sauce
Jam & Cream Scone
Fresh Fruit

Pasta Bar
Assorted Cold Sweets

Thursday

Chicken Pie
Gravy
Vegetarian Pasta Bake
Mixed Vegetable Medley
Salad Bar
Roast Potatoes
Tomato and Basil Bread
Chunky Fruit Muffin
Yoghurt
Fresh Fruit

Pasta Bar
Assorted Cold Sweets

Friday

Home-Made Burger In A Bun
Cheese & Onion Roll
Crunchy Coleslaw
Ratatouille
Salad Bar
Oven Chips
Jacket Potatoes
Strawberry Victoria Sponge
Custard Sauce
Fresh Fruit Juice
Abbey Crunch Biscuit
Fresh Fruit

