

# Munchin

Week 1

## Monday

Spaghetti Bolognese  
Cheese & Tomato Pizza  
Garden Peas & Sweetcorn  
Salad Bar  
Oven Baked Potatoes  
Jam Sponge  
Custard Sauce  
Gateau  
Fresh Fruit  
Yoghurt  
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Pasta And Jacket Bar  
Assorted Cold Sweets

## Tuesday

Chicken Pie  
Gravy  
Oven Baked Breaded Fish  
Parsley Sauce  
Mushy Peas  
Carrots  
Salad Bar  
Creamed Potatoes  
Muffins  
Syrup Sponge  
Custard Sauce  
Fresh Fruit  
Yoghurt  
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Pasta And Jacket Bar  
Assorted Cold Sweets

## Wednesday

Home-Made Sausage Roll  
Gravy  
Vegetarian Pasta Bake  
Baked Beans  
Mixed Vegetable Medley  
Salad Bar  
Oven Baked Potatoes  
Homemade Garlic Bread  
Fruit Shortcake  
Custard Sauce  
Chocolate Eclair  
Fresh Fruit  
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Pasta And Jacket Bar  
Assorted Cold Sweets

## Thursday

Roast Turkey  
Yorkshire Pudding  
Gravy  
Breaded Salmon Fillet  
Parsley Sauce  
Swede and Carrots Mix  
Cabbage  
Salad Bar  
Oven Roast & Creamed Potatoes  
Swiss Tart  
Custard Sauce  
Fresh Fruit  
Yoghurt  
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Pasta And Jacket Bar  
Assorted Cold Sweets

## Friday

Chicken in Wholemeal Crumb  
Quorn Fajitas  
Golden Sweetcorn  
Green Beans  
Salad Bar  
Homemade Jacket Wedges  
New Potatoes  
Fairy Bun  
Strawberry Cream Puff  
Carrot Cake  
Fresh Fruit  
Yoghurt  
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Pasta And Jacket Bar  
Assorted Cold Sweets

Week 2

## Monday

Chicken Tikka Masala  
Quiche  
Green Beans  
Golden Sweetcorn  
Salad Bar  
Rice & Peas  
Jacket Potatoes  
Fruit Crumble  
Custard Sauce  
Yoghurt  
Fresh Fruit  
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Pasta And Jacket Bar  
Assorted Cold Sweets

## Tuesday

Tuna Fishcake  
Parsley Sauce  
Savoury Mince  
Yorkshire Pudding  
Chicken Pasta Bake  
Mixed Vegetable Medley  
Salad Bar  
New Potatoes  
Homemade Jacket Wedges  
Chocolate Victoria Sponge  
Chocolate Sauce  
Fresh Fruit  
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Pasta And Jacket Bar  
Assorted Cold Sweets

## Wednesday

Meat & Potato Pie  
Gravy  
Loaded Vegetable Pizza  
Fresh Cauliflower  
Garden Peas  
Salad Bar  
Oven Baked Potatoes  
Ginger Cake With Fudge Topping  
Fruit In Jelly  
Fresh Fruit Salad  
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Pasta And Jacket Bar  
Assorted Cold Sweets

## Thursday

Roast Pork  
Sage & Onion Stuffing  
Gravy  
Oven Baked Fish Fingers  
Carrots  
Broccoli  
Salad Bar  
Oven Roast & Creamed Potatoes  
Viennese Tart  
Custard Sauce  
Cheesecake  
Fresh Fruit Salad  
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Pasta And Jacket Bar  
Assorted Cold Sweets

## Friday

Baked Sausage  
Gravy  
Cheesy Potato Pie  
Baked Beans  
Salad Bar  
Chips  
Duchess Potatoes  
Chocolate Brownie  
Fresh Fruit Salad  
Delight  
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Pasta And Jacket Bar  
Assorted Cold Sweets

