

Week 1

## Monday

Chicken Tikka Masala  
 Salmon Fish Cake  
 Mixed Vegetable Medley  
 Salad Bar  
 Boiled Rice  
 Jacket Potatoes  
 Eve's Pudding  
 Custard Sauce  
 Ice-Cream  
 Fresh Fruit  
 \*\*\*\*\*  
 Pasta And Jacket Bar  
 Assorted Cold Sweets

## Tuesday

Baked Sausage  
 Quorn Sausage  
 Carrots  
 Broccoli  
 Salad Bar  
 Creamed Potatoes  
 Fruit Crumble  
 Custard Sauce  
 Chocolate Eclair  
 Fresh Fruit  
 \*\*\*\*\*  
 Pasta And Jacket Bar  
 Assorted Cold Sweets

## Wednesday

Quorn Stew and Dumplings  
 Bean & Potato Pie  
 Garden Peas & Sweetcorn  
 Salad Bar  
 New Potatoes  
 Couscous  
 Chocolate Pear Pudding  
 Chocolate Sauce  
 Fresh Fruit  
 \*\*\*\*\*  
 Pasta And Jacket Bar  
 Assorted Cold Sweets

## Thursday

Roast Chicken  
 Sage & Onion Stuffing  
 Gravy  
 Cheese & Onion Roll  
 Cabbage, Leek and Courgette Medley  
 Salad Bar  
 Oven Roast & Creamed Potatoes  
 Orange Gateau  
 Fresh Fruit Salad  
 Yoghurt  
 \*\*\*\*\*  
 Pasta And Jacket Bar  
 Assorted Cold Sweets

## Friday

Spaghetti Bolognaise  
 Oven Baked Fish Fingers  
 Baked Beans  
 Salad Bar  
 Homemade Garlic Bread  
 Jam Shortcake  
 Custard Sauce  
 Fruit In Jelly  
 Fresh Fruit  
 \*\*\*\*\*  
 Pasta And Jacket Bar  
 Assorted Cold Sweets

Week 2

## Monday

Chicken Pie  
 Gravy  
 Vegetarian Pasta Bake  
 Broccoli  
 Salad Bar  
 Jacket Potatoes  
 New Potatoes  
 Ginger Sponge  
 Custard Sauce  
 Yoghurt  
 Fresh Fruit  
 \*\*\*\*\*  
 Pasta And Jacket Bar  
 Assorted Cold Sweets

## Tuesday

Savoury Mince  
 Yorkshire Pudding  
 Baked Macaroni Cheese  
 Baked Beans  
 Salad Bar  
 Oven Baked Potatoes  
 Noodles  
 Chunky Fruit Muffin  
 Yoghurt  
 Fresh Fruit  
 \*\*\*\*\*  
 Pasta And Jacket Bar  
 Assorted Cold Sweets

## Wednesday

Roast Pork  
 Sage & Onion Stuffing  
 Cheese & Egg  
 Carrots  
 Salad Bar  
 Creamed Potatoes  
 Rice Pudding With Fresh Fruit  
 Jam & Cream Scone  
 Fresh Fruit Juice  
 \*\*\*\*\*  
 Pasta And Jacket Bar  
 Assorted Cold Sweets

## Thursday

Loaded Vegetable Pizza  
 Mixed Vegetable Medley  
 Salad Bar  
 Oven Baked Potatoes  
 Raspberry Bun  
 Fresh Fruit Juice  
 Lemon Sponge  
 Custard Sauce  
 Yoghurt  
 Fresh Fruit  
 \*\*\*\*\*  
 Pasta And Jacket Bar  
 Assorted Cold Sweets

## Friday

Quiche  
 Oven Baked Breaded Fish  
 Parsley Sauce  
 Garden Peas  
 Salad Bar  
 Oven Chips  
 Jacket Potatoes  
 Strawberry Victoria Sponge  
 Custard Sauce  
 Fresh Fruit  
 \*\*\*\*\*  
 Pasta And Jacket Bar  
 Assorted Cold Sweets

