

Munchin

Week 1

Monday

Chicken Pie
Gravy
Quorn Savoury Mince
Mixed Vegetable Medley
Salad Bar
Creamed Potatoes
Chocolate Pear Pudding
Custard Sauce
Flavoured Milkshake
Abbey Crunch Biscuit
Fresh Fruit Salad

Tuesday

Beef Curry
Tuna Pasta Bake
Cabbage
Carrots
Salad Bar
Pitta Bread
Bakewell Tart
Custard Sauce
Cheesecake
Fresh Fruit Salad

Wednesday

Baked Sausage
Vegetable Lasagne
Broccoli
Swede
Salad Bar
Creamed Potatoes
Homemade Garlic Bread
Apple Shortcake
Custard Sauce
Iced Finger Roll
Fresh Fruit Salad

Thursday

Oven Baked Breaded Fish
Parsley Sauce
Cheese & Onion Pie
Baked Beans
Garden Peas
Salad Bar
Homemade Jacket Wedges
Pasta Shells
Chocolate Brownie
Iced Fruit Layer
Fresh Fruit Salad

Friday

Chilli Tortilla Wrap
Pepper & Sweetcorn Pizza
Golden Sweetcorn
Green Beans
Salad Bar
Savoury Rice
Jacket Potatoes
Strawberry Victoria Sponge
Custard Sauce
Fruit In Jelly
Fresh Fruit Salad

Week 2

Monday

Oven Baked Fish Fingers
Parsley Sauce
Gravy
Quorn Shepherds Pie
Garden Peas
Fresh Cauliflower
Salad Bar
Homemade Jacket Wedges
Fruit Crumble
Custard Sauce
Jelly Whip
Fresh Fruit Salad

Tuesday

Beef Pasty
Gravy
Vegetarian Pasta Bake
Cabbage
Swede
Salad Bar
Creamed Potatoes
Jacket Potatoes
Rice Pudding
Filled Meringue Nests
Fresh Fruit Salad

Wednesday

Gammon With Pineapple
Quiche
Mixed Vegetable Medley
Salad Bar
Oven Roast & Creamed Potatoes
Victoria Sponge
Chocolate Sauce
Homemade Carrot Cake
Fresh Fruit Salad

Thursday

Breaded Salmon Fillet
Savoury Mince
Broccoli
Carrots
Salad Bar
Petit Pain Roll
Oven Baked Potatoes
Chocolate Fudge Pudding
Custard Sauce
Fresh Fruit Juice
Fresh Fruit Salad
Oat Biscuit

Friday

Chicken and Tomato Penne Pasta
Loaded Vegetable Pizza
Baked Beans
Golden Sweetcorn
Salad Bar
Oven Chips
Jacket Potatoes
Fruit Shortcake
Custard Sauce
Ice-Cream Roll
Fresh Fruit Salad

