

# Munchin

**Week 1**

## Monday

Chicken Curry  
Breaded Salmon Fillet  
Mixed Vegetable Medley  
Salad Bar  
Boiled Rice  
Jacket Potatoes  
Syrup Sponge  
Custard Sauce  
Fresh Fruit

## Tuesday

Baked Sausage  
Gravy  
Baked Macaroni Cheese  
Broccoli  
Salad Bar  
Creamed Potatoes  
Fruit Crumble  
Custard Sauce  
Yoghurt  
Fresh Fruit

## Wednesday

Roast Chicken  
Sage & Onion Stuffing  
Gravy  
Cheese & Onion Pie  
Cabbage  
Golden Sweetcorn  
Salad Bar  
Oven Roast & Creamed Potatoes  
Cheesecake  
Fresh Fruit

## Thursday

Pizza Swirls  
Vegetable Burger In Bread Roll  
Garden Peas  
Salad Bar  
Parsley Potatoes  
Chocolate Sponge  
Custard Sauce  
Fresh Fruit

## Friday

Spaghetti Bolognaise  
Oven Baked Fish Fingers  
Fresh Cauliflower  
Baked Beans  
Salad Bar  
Potato Wedges  
Homemade Garlic Bread  
Abbey Crunch Biscuit  
Fresh Fruit Juice  
Fresh Fruit

**Week 2**

## Monday

Chicken Casserole With Dumplings  
Tuna Pasta Bake  
Broccoli  
Salad Bar  
Creamed Potatoes  
Homemade Garlic Bread  
Ginger Sponge  
Custard Sauce  
Yoghurt  
Fresh Fruit

## Tuesday

Cottage Pie  
Gravy  
Quiche  
Cabbage  
Baked Beans  
Salad Bar  
Oven Baked Diced Potatoes  
Rice Pudding  
Fresh Fruit

## Wednesday

Beef Pasty  
Gravy  
Cheese, Potato & Vegetable Hotpot  
Garden Peas  
Salad Bar  
Parsley Potatoes  
Eve's Pudding  
Custard Sauce  
Fresh Fruit

## Thursday

Pepper & Mushroom Pizza  
Vegetarian Pasta Bake  
Mixed Vegetable Medley  
Salad Bar  
Creamed Potatoes  
Delight  
Yoghurt  
Fresh Fruit

## Friday

Oven Baked Breaded Fish  
Parsley Sauce  
Bean & Potato Pie  
Mushy Peas  
Golden Sweetcorn  
Salad Bar  
Chips  
Jacket Potatoes  
Fruit Cookie  
Fresh Fruit

