

Munchin

Week 1

Monday

Cottage Pie
Gravy
Breaded Salmon Fillet
Mixed Vegetable Medley
Salad Bar
Oven Baked Potatoes
Jacket Potatoes
Apple & Ginger Sponge
Custard Sauce
Ice-Cream
Yoghurt
Fresh Fruit

Tuesday

Baked Sausage
Gravy
Cheese, Potato & Vegetable Hotpot
Carrots
Broccoli
Salad Bar
Creamed Potatoes
Parsley Potatoes
Fruit Crumble
Custard Sauce
Homemade Carrot Cake
Yoghurt
Fresh Fruit

Wednesday

Gammon With Pineapple
Cheese & Tomato Pizza
Garden Peas & Sweetcorn
Ratatouille
Salad Bar
Pasta Shells
Jacket Potatoes
Chocolate Sponge
Chocolate Sauce
Yoghurt
Fresh Fruit

Thursday

Roast Chicken
Sage & Onion Stuffing
Gravy
Vegetable Lasagne
Cabbage, Leek and Courgette Medley
Carrots
Salad Bar
Oven Roast & Creamed Potatoes
Orange Gateau
Flavoured Milkshake
Ginger Biscuit
Fresh Fruit
Yoghurt

Friday

Spaghetti Bolognese
Oven Baked Breaded Fish
Parsley Sauce
Broccoli and Cauliflower Mornay
Baked Beans
Salad Bar
Potato Wedges
Homemade Garlic Bread
Jam Shortcake
Custard Sauce
Chocolate Pear Pudding
Yoghurt
Fresh Fruit

Week 2

Monday

Chilli Chicken Fajitas
Cheese & Tomato Pizza
Broccoli
Golden Sweetcorn
Salad Bar
Pasta Shells
Savoury Rice
Syrup Sponge
Custard Sauce
Apple Muffins
Yoghurt
Fresh Fruit

Tuesday

Country Chicken Bake
Vegetarian Pasta Bake
Mixed Vegetable Medley
Salad Bar
Oven Baked Potatoes
Tomato and Basil Bread
Rice Pudding
Jelly With Cream
Yoghurt
Fresh Fruit

Wednesday

Roast Beef
Gravy
Yorkshire Pudding
Breaded Salmon Fillet
Parsley Sauce
Cabbage
Carrots
Salad Bar
Oven Roast & Creamed Potatoes
Fruit Pie
Custard Sauce
Chocolate Brownie
Yoghurt
Fresh Fruit

Thursday

Pasta With Tomato & Basil Sauce
Home-Made Sausage Roll
Green Beans
Golden Sweetcorn
Salad Bar
Garlic Slice
Parsley Potatoes
Jam Roly Poly
Custard Sauce
Shortbread Biscuit
Fresh Fruit Juice
Fresh Fruit

Friday

Chicken in Wholemeal Crumb
Quiche
Crunchy Coleslaw
Baked Beans
Salad Bar
Oven Chips
Couscous
Apple Turnovers
Yoghurt
Fresh Fruit
Jam & Cream Scone

