

Munchin

Week 1

Monday

Home-made Meatballs in Tomato Sauce
Oven Baked Breaded Fish
Parsley Sauce
Broccoli
Golden Sweetcorn
Salad Bar
Creamed Potatoes
Pasta Shells
Ginger Sponge
Custard Sauce
Yoghurt
Fresh Fruit

Tuesday

Halal Chicken Tikka Masala
Chicken Tikka Masala
Vegetable Curry
Fresh Cauliflower
Garden Peas
Salad Bar
Creamed Potatoes
Boiled Rice
Chocolate Sponge
Chocolate Sauce
Yoghurt
Fresh Fruit Salad

Wednesday

Roast Chicken In Gravy
Quiche
Parsley Sauce
Fresh Cauliflower
Green Beans
Salad Bar
Oven Roast & Creamed Potatoes
Rice Pudding
Fresh Fruit

Thursday

Halal Lamb Shepherds Pie
Shepherd's Pie
Fishermans Pie
White Sauce
Swede
Mushy Peas
Salad Bar
Creamed Potatoes
Oven Chips
Eve's Pudding
Custard Sauce
Yoghurt
Fresh Fruit

Friday

Baked Sausage Gravy
Cheese Pinwheels
Carrots
Cabbage
Salad Bar
Creamed Potatoes
Jacket Potatoes
Delight
Yoghurt
Fresh Fruit

Week 2

Monday

Cheese & Tomato Pizza
Oven Baked Fish Fingers
Parsley Sauce
Gravy
Broccoli
Baked Beans
Salad Bar
Creamed Potatoes
Oven Chips
Orange Victoria Sponge
Chocolate Sauce
Yoghurt
Fresh Fruit

Tuesday

Halal Chicken Pasta Bake
Country Chicken Bake
Quiche
Gravy
White Sauce
Fresh Cauliflower
Garden Peas
Salad Bar
Creamed Potatoes
Jacket Potatoes
Syrup Sponge
Custard Sauce
Yoghurt
Fresh Fruit

Wednesday

Roast Chicken In Gravy
Tuna Fish & Potato Pie
White Sauce
Carrots
Green Beans
Salad Bar
Oven Roast & Creamed Potatoes
Rice Pudding
Yoghurt
Fresh Fruit

Thursday

Halal Lamb Spaghetti Bolognese
Spaghetti Bolognese
Pizza Swirls
Gravy
Broccoli
Golden Sweetcorn
Salad Bar
Creamed Potatoes
Jacket Potatoes
Chunky Fruit Muffin
Custard Sauce
Yoghurt
Fresh Fruit

Friday

Home-Made Sausage Roll
Tuna Fishcake
Gravy
Parsley Sauce
Carrots
Salad Bar
Cabbage
Creamed Potatoes
Delight
Yoghurt
Fresh Fruit Salad

