

# Munchin

Week 1

## Monday

Chicken Tikka Masala  
Jacket Potato With Beans & Cheese  
Golden Sweetcorn  
Salad Bar  
Boiled Rice  
Victoria Sponge  
Chocolate Sauce  
Fresh Fruit Salad  
Yoghurt

## Tuesday

Spaghetti Bolognese  
Salmon Fish Cake  
Garden Peas  
Salad Bar  
Homemade Garlic Bread  
Oven Baked Potatoes  
Syrup Sponge  
Custard Sauce  
Jam & Cream Scone  
Fresh Fruit

## Wednesday

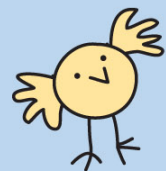
Gammon With Pineapple  
Gravy  
Pizza Swirls  
Carrots  
Green Beans  
Salad Bar  
Roast Potatoes  
Creamed Potatoes  
Fruit Crumble  
Custard Sauce  
Jelly With Cream  
Fresh Fruit

## Thursday

Chicken Pie  
Gravy  
Oven Baked Breaded Fish  
Parsley Sauce  
Mushy Peas  
Mixed Vegetable Medley  
Salad Bar  
Creamed Potatoes  
Garlic Pasta  
Rice Pudding  
Shortbread Biscuit  
Fresh Fruit Juice  
Fresh Fruit

## Friday

Home-Made Sausage Roll  
Pasta With Tomato & Basil Sauce  
Baked Beans  
Courgettes  
Salad Bar  
Oven Chips  
Jacket Potatoes  
Ice-Cream Roll  
Muffins  
Fresh Fruit



Week 2

## Monday

Chilli Chicken Fajitas  
Salmon Fish Cake  
Parsley Sauce  
Mixed Vegetable Medley  
Salad Bar  
Savoury Rice  
Creamed Potatoes  
Chocolate Eclair  
Abbey Crunch Biscuit  
Fresh Fruit Juice  
Fresh Fruit

## Tuesday

Shepherd's Pie  
Gravy  
Cheese & Tomato Pizza  
Golden Sweetcorn  
Salad Bar  
Oven Baked Potatoes  
Jacket Potatoes  
Eve's Pudding  
Custard Sauce  
Delight  
Fresh Fruit

## Wednesday

Roast Chicken  
Sage & Onion Stuffing  
Gravy  
Quiche  
Carrots  
Broccoli  
Salad Bar  
Roast Potatoes  
Creamed Potatoes  
Jam Pinwheels  
Custard Sauce  
Fruit In Jelly  
Fresh Fruit

## Thursday

Toad In The Hole  
Gravy  
Tuna Pasta Bake  
Fresh Cauliflower  
Green Beans  
Salad Bar  
Creamed Potatoes  
New Potatoes  
Chocolate Fudge Pudding  
Custard Sauce  
Fresh Fruit Salad  
Yoghurt

## Friday

Lasagne  
Oven Baked Fish Fingers  
Garden Peas  
Baked Beans  
Salad Bar  
Oven Chips  
Homemade Garlic Bread  
Fruit Pie  
Custard Sauce  
Ice-Cream  
Fresh Fruit

