

Week 1

Monday

Breaded Salmon Fillet
Cheese & Onion Pie
Green Beans
Golden Sweetcorn
Salad Bar
New Potatoes
Rice Pudding With Fresh Fruit
Fruit Cookie
Fresh Fruit

Tuesday

Oven Baked Fish Fingers
Quiche
Baked Beans
Mixed Vegetable Medley
Salad Bar
Oven Chips
Pasta Shells
Chunky Fruit Muffin
Jam Shortcake
Custard Sauce
Fresh Fruit
Yoghurt

Wednesday

Pork Pasty
Gravy
Tuna Pasta Bake
Carrots
Courgettes
Salad Bar
Creamed Potatoes
Jacket Potatoes
Fruit Crumble
Custard Sauce
Flapjack
Fresh Fruit Juice
Fresh Fruit
Yoghurt

Thursday

Roast Beef
Gravy
Cheese & Tomato Pizza
Broccoli
Fresh Cauliflower
Salad Bar
Oven Roast & Creamed Potatoes
Chocolate Gateau
Lemon Crunch Tart
Custard Sauce
Fresh Fruit
Yoghurt

Friday

Roast Chicken In Gravy
Baked Bean, Pasta & Cheese Bake
Garden Peas
Cabbage
Salad Bar
Noodles
Garlic Slice
Swedish Apple
Custard Sauce
Fruit Cookie
Fresh Fruit
Yoghurt

Week 2

Monday

Cheese & Tomato Pizza
Quorn Spaghetti Bolognese
Garden Peas & Sweetcorn
Salad Bar
Oven Baked Potatoes
Abbey Crunch Biscuit
Fresh Fruit Juice
Fresh Fruit
Yoghurt

Tuesday

Chicken in Wholemeal Crumb
Tuna Fish Roll
Baked Beans
Salad Bar
New Potatoes
Tomato Pasta
Chocolate Victoria Sponge
Chocolate Sauce
Fresh Fruit Salad
Yoghurt

Wednesday

Baked Sausage
Gravy
Baked Macaroni Cheese
Broccoli
Salad Bar
Creamed Potatoes
Couscous
Apple and Treacle Tart
Custard Sauce
Ice-Cream
Fresh Fruit

Thursday

Chicken Pie
Gravy
Cheese, Potato & Vegetable Hotpot
Carrots
Green Beans
Salad Bar
Jacket Potatoes
Roast Potatoes
Orange Gateau
Fresh Fruit
Yoghurt

Friday

Oven Baked Breaded Fish
Savoury Mince
Mixed Vegetable Medley
Salad Bar
Creamed Potatoes
Boiled Rice
Shortbread Biscuit
Fresh Fruit Juice
Chocolate Pear Pudding
Custard Sauce
Fresh Fruit
Yoghurt

