

# Munchin

## Week 1

### Monday

Oven Baked Breaded Fish  
 Cheese & Onion Roll  
 Garden Peas  
 Oven Baked Potatoes  
 Homemade Garlic Bread  
 Yoghurt  
 Fresh Fruit Salad  
 Muffins

### Tuesday

Baked Sausage  
 Quorn Shepherds Pie  
 Golden Sweetcorn  
 Broccoli  
 Creamed Potatoes  
 Jacket Potatoes  
 Iced Finger Roll  
 Lemon Sponge  
 Custard Sauce  
 Fresh Fruit

### Wednesday

Chicken in Wholemeal Crumb  
 Jacket Potato With Beans & Cheese  
 Baked Beans  
 Oven Baked Potatoes  
 Jam Sponge  
 Custard Sauce  
 Ice-Cream  
 Fresh Fruit Salad

### Thursday

Baked Macaroni Cheese  
 Chicken Pie  
 Carrots  
 Garden Peas  
 Jacket Potatoes  
 Creamed Potatoes  
 Fruit Crumble  
 Custard Sauce  
 Jelly With Cream  
 Fresh Fruit

### Friday

Lasagne  
 Cheese & Tomato Pizza  
 Golden Sweetcorn  
 Homemade Garlic Bread  
 Oven Baked Potatoes  
 Orange Victoria Sponge  
 Custard Sauce  
 Raspberry Bun  
 Fresh Fruit Juice  
 Fresh Fruit

## Week 2

### Monday

Jacket Potato With Beans & Cheese  
 Cheese Pinwheels  
 Mixed Vegetable Medley  
 Oven Baked Potatoes  
 Homemade Garlic Bread  
 Ginger Sponge  
 Custard Sauce  
 Ice-Cream Roll  
 Fresh Fruit

### Tuesday

Cheese & Tomato Pizza  
 Chicken Casserole With Dumplings  
 Golden Sweetcorn  
 Jacket Potatoes  
 Oven Baked Potatoes  
 Rice Pudding  
 Fresh Fruit Salad  
 Gateau

### Wednesday

Chicken Tikka Masala  
 Salmon Fish Cake  
 Garden Peas  
 Boiled Rice  
 Creamed Potatoes  
 Fruit Crumble  
 Custard Sauce  
 Abbey Crunch Biscuit  
 Fresh Fruit Juice  
 Fresh Fruit

### Thursday

Home-Made Sausage Roll  
 Tuna Pasta Bake  
 Baked Beans  
 Oven Chips  
 Homemade Garlic Bread  
 Syrup Sponge  
 Custard Sauce  
 Jelly Face  
 Fresh Fruit

### Friday

Oven Baked Fish Fingers  
 Pork Pasty  
 Carrots  
 Green Beans  
 Jacket Potatoes  
 Creamed Potatoes  
 Chocolate Sponge  
 Custard Sauce  
 Yoghurt  
 Fresh Fruit

