

# Munchin

## Week 1

### Monday

Jacket Potato With Beans & Cheese  
 Pork Pasty  
 Gravy  
 Golden Sweetcorn  
 Carrots  
 Salad Bar  
 Pasta Shells  
 New Potatoes  
 Chocolate Fudge Pudding  
 Custard Sauce  
 Fresh Fruit Salad  
 Yoghurt

### Tuesday

Pasta With Tomato Sauce  
 Salmon Fish Cake  
 Fresh Cauliflower  
 Garden Peas  
 Salad Bar  
 Oven Baked Potatoes  
 Fairy Bun  
 Jam & Cream Scone  
 Fresh Fruit Salad  
 Yoghurt

### Wednesday

Roast Turkey  
 Tuna Pasta Bake  
 Gravy  
 Golden Sweetcorn  
 Broccoli  
 Salad Bar  
 Creamed Potatoes  
 Garlic Slice  
 Orange Victoria Sponge  
 Custard Sauce  
 Ginger Biscuit  
 Fresh Fruit Juice  
 Fresh Fruit Salad  
 Yoghurt

### Thursday

Oven Baked Breaded Fish  
 Parsley Sauce  
 Chilli Con Carne  
 Carrots  
 Green Beans  
 Salad Bar  
 Boiled Rice  
 Oven Baked Potatoes  
 Jam Shortcake  
 Custard Sauce  
 Fruit In Jelly  
 Fresh Fruit Salad  
 Yoghurt

### Friday

Chicken in Wholemeal Crumb  
 Pizza Swirls  
 Baked Beans  
 Crunchy Coleslaw  
 Salad Bar  
 Jacket Potatoes  
 Garlic Pasta  
 Ice-Cream  
 Eve's Pudding  
 Custard Sauce  
 Fresh Fruit Salad  
 Yoghurt

## Week 2

### Monday

Jacket Potato With Beans & Cheese  
 Chicken Pie  
 Gravy  
 Golden Sweetcorn  
 Broccoli  
 Salad Bar  
 Hash Browns  
 Pasta Shells  
 Rice Pudding  
 Muffins  
 Fresh Fruit Salad  
 Yoghurt

### Tuesday

Pasta With Bolognaise Sauce  
 Breaded Salmon Fillet  
 Green Beans  
 Carrots  
 Salad Bar  
 Oven Baked Potatoes  
 Garlic Slice  
 Apple & Ginger Sponge  
 Custard Sauce  
 Shortbread Biscuit  
 Fresh Fruit Juice  
 Fresh Fruit Salad  
 Yoghurt

### Wednesday

Oven Baked Fish Fingers  
 Quiche  
 Baked Beans  
 Mixed Vegetable Medley  
 Salad Bar  
 Couscous  
 Garlic Pasta  
 Fairy Bun  
 Fresh Fruit Salad  
 Yoghurt  
 Custard Sauce  
 Fruit Crumble

### Thursday

Baked Sausage  
 Gravy  
 Baked Bean, Pasta & Cheese Bake  
 Golden Sweetcorn  
 Cabbage  
 Salad Bar  
 Creamed Potatoes  
 Noodles  
 Chocolate Victoria Sponge  
 Chocolate Sauce  
 Delight  
 Fresh Fruit Salad

### Friday

Cheese & Tomato Pizza  
 Chicken Tikka Masala  
 Garden Peas  
 Crunchy Coleslaw  
 Salad Bar  
 Boiled Rice  
 Oven Baked Potatoes  
 Ice-Cream  
 Home-made Carrot Cake  
 Fresh Fruit Salad  
 Yoghurt

