

Munchin

Week 1

Monday

Baked Sausage Gravy
 Baked Bean, Pasta & Cheese Bake
 Broccoli
 Fresh Cauliflower
 Salad Bar
 Homemade Garlic Bread
 Parsley Potatoes
 Syrup Sponge
 Custard Sauce
 Fairy Bun
 Fresh Fruit

Tuesday

Cheese & Tomato Pizza
 Breaded Salmon Fillet
 Baked Beans
 Crunchy Coleslaw
 Salad Bar
 Oven Baked Diced Potatoes
 Apple Muffins
 Fruit In Jelly
 Yoghurt
 Fresh Fruit

Wednesday

Roast Turkey
 Sage & Onion Stuffing
 Gravy
 Cheese Pinwheels
 Carrots
 Swede
 Salad Bar
 Oven Roast & Creamed Potatoes
 Lemon Crunch Tart
 Custard Sauce
 Ice-Cream
 Fresh Fruit

Thursday

Pork Pasty
 Gravy
 Egg Sandwich In Bridge Roll
 Golden Sweetcorn
 Salad Bar
 Oven Baked Potatoes
 Chocolate Rice Pudding
 Flapjack
 Fresh Fruit

Friday

Oven Baked Fish Fingers
 Parsley Sauce
 Quiche
 Garden Peas
 Salad Bar
 Chips
 Jacket Potatoes
 Strawberry Victoria Sponge
 Custard Sauce
 Fresh Fruit Juice
 Abbey Crunch Biscuit
 Fresh Fruit

Week 2

Monday

Oven Baked Breaded Fish
 Cheese Sandwich In Bread Roll
 Carrots
 Salad Bar
 New Potatoes
 Duchess Potatoes
 Apple Shortcake
 Custard Sauce
 Ginger Biscuit
 Fresh Fruit

Tuesday

Chicken Pie
 Gravy
 Tuna Pasta Bake
 Golden Sweetcorn
 Salad Bar
 Jacket Potatoes
 Victoria Sponge
 Custard Sauce
 Yoghurt
 Fresh Fruit

Wednesday

Roast Pork
 Apple Sauce
 Gravy
 Salmon Fish Cake
 Cabbage
 Swede
 Salad Bar
 Oven Roast & Creamed Potatoes
 Bakewell Tart
 Custard Sauce
 Fruit Cookie
 Fresh Fruit

Thursday

Loaded Vegetable Pizza
 Beef Curry
 Garden Peas
 Fresh Cauliflower
 Salad Bar
 Garlic Pasta
 Boiled Rice
 Jam Roly Poly
 Custard Sauce
 Jelly With Cream
 Fresh Fruit

Friday

Chicken in Wholemeal Crumb
 Cheese & Onion Pie
 Baked Beans
 Mixed Vegetable Medley
 Salad Bar
 Oven Baked Potatoes
 Chocolate Fudge Pudding
 Custard Sauce
 Fresh Fruit Salad

