

Munchin

Week 1

Monday

Cottage Pie
Quorn Shepherds Pie
Gravy
Broccoli
Fresh Cauliflower
Eve's Pudding
Custard Sauce

Tuesday

Loaded Vegetable Pizza
Garden Peas
Golden Sweetcorn
Oven Baked Diced Potatoes
Fresh Fruit Salad

Wednesday

Roast Pork
Spicy Bean Burger
Gravy
Sage & Onion Stuffing
Swede and Carrots Mix
Roast Potatoes
Apple And Sultana Iced Buns

Thursday

Baked Sausage
Quorn Sausage
Gravy
Green Beans
Cabbage
Creamed Potatoes
Chocolate Rice Pudding

Friday

Oven Baked Breaded Fish
Parsley Sauce
Mushy Peas
Oven Chips
Abbey Crunch Biscuit
Fresh Fruit Juice

Week 2

Monday

Chicken Tikka Masala
Vegetable Tikka Curry
Golden Sweetcorn
Boiled Rice
Naan Bread
Ginger Cake With Fudge Topping

Tuesday

Sausage Pie
Cheese & Onion Pie
Gravy
Mixed Vegetable Medley
New Potatoes
Fruit Crumble
Custard Sauce

Wednesday

Gammon With Pineapple
Quorn Savoury Mince
Cabbage
Carrots
Roast Potatoes
Fruit In Jelly

Thursday

Tuna Fish & Potato Pie
Fresh Cauliflower
Broccoli
Syrup Sponge
Custard Sauce

Friday

Jacket Potato With Beans & Cheese
Sliced Cucumber
Fresh Tomato
Crunchy Coleslaw
Chunky Fruit Muffin

