

Munchin

Week 1

Monday

Baked Sausage
Quorn Sausage
Gravy
Baked Beans
Salad Bar
Creamed Potatoes
New Potatoes
Apple Shortcake
Custard Sauce
Rice Pudding
Fresh Fruit

Tuesday

Oven Baked Breaded Fish
Pork Pasty
Parsley Sauce
Gravy
Garden Peas
Golden Sweetcorn
Salad Bar
Oven Chips
Jacket Potatoes
Abbey Crunch Biscuit
Fresh Fruit Juice
Yoghurt
Fresh Fruit

Wednesday

Roast Turkey
Cheese & Onion Pie
Gravy
Sage & Onion Stuffing
Green Beans
Carrots
Salad Bar
Roast Potatoes
Creamed Potatoes
Fruit In Jelly
Homemade Carrot Cake
Fresh Fruit

Thursday

Cheese & Tomato Pizza
Salmon Pasta Bake
Mixed Vegetable Medley
Salad Bar
New Potatoes
Jacket Potatoes
Viennese Tart
Custard Sauce
Ice-Cream
Shortbread Biscuit
Fresh Fruit

Friday

Chicken Tikka Masala
Quorn Shepherds Pie
Gravy
Golden Sweetcorn
Salad Bar
Oven Baked Diced Potatoes
Boiled Rice
Chocolate Sponge
Custard Sauce
Muffins
Fresh Fruit

Week 2

Monday

Home-Made Sausage Roll
Quorn Fajitas
Gravy
Mixed Vegetable Medley
Salad Bar
Creamed Potatoes
Savoury Rice
Ice-Cream Roll
Jam & Cream Scone
Fresh Fruit

Tuesday

Oven Baked Fish Fingers
Pizza Swirls
Parsley Sauce
Garden Peas
Fresh Cauliflower
Salad Bar
Oven Baked Diced Potatoes
New Potatoes
Ginger Sponge
Custard Sauce
Jelly With Cream
Fresh Fruit

Wednesday

Roast Pork
Quiche
Apple Sauce
Gravy
Sage & Onion Stuffing
Carrots
Broccoli
Salad Bar
Roast Potatoes
Creamed Potatoes
Iced Finger Roll
Fruit Crumble
Custard Sauce
Fresh Fruit

Thursday

Spaghetti Bolognese
Pasta With Tomato & Basil Sauce
Jacket Potato With Beans & Cheese
Baked Beans
Salad Bar
Homemade Garlic Bread
Flapjack
Fresh Fruit Juice
Yoghurt
Fresh Fruit

Friday

Chicken in Wholemeal Crumb
Vegetable Burger In Bread Roll
Golden Sweetcorn
Garden Peas
Salad Bar
Oven Baked Diced Potatoes
New Potatoes
Muffins
Toffee Apple Tart
Custard Sauce
Fresh Fruit

