

# Munchin

## Week 1

### Monday

Baked Sausage Gravy  
 Tuna Fishcake  
 Cabbage  
 Mixed Vegetable Medley  
 Salad Bar  
 Roast Potatoes  
 Creamed Potatoes  
 Chocolate Fudge Pudding  
 Custard Sauce  
 Jam & Cream Scone  
 Fresh Fruit Bags  
 Yoghurt

### Tuesday

Chicken Tikka Masala  
 Loaded Vegetable Pizza  
 Carrots  
 Golden Sweetcorn  
 Salad Bar  
 Homemade Jacket Wedges  
 Boiled Rice  
 Jam Roly Poly  
 Custard Sauce  
 Orange Gateau  
 Fresh Fruit Bags  
 Yoghurt

### Wednesday

Grated Cheese Salad  
 Savoury Mince  
 Baked Beans  
 Salad Bar  
 Jacket Potatoes  
 Pasta Shells  
 Fruit Crumble  
 Custard Sauce  
 Chocolate Brownie  
 Fresh Fruit Bags  
 Yoghurt

### Thursday

Gammon With Pineapple  
 Quorn Lasagne  
 Fresh Cauliflower  
 Garden Peas  
 Salad Bar  
 New Potatoes  
 Couscous  
 Syrup Sponge  
 Custard Sauce  
 Delight  
 Fresh Fruit Bags  
 Yoghurt

### Friday

Oven Baked Breaded Fish  
 Parsley Sauce  
 Quiche  
 Carrots  
 Broccoli  
 Salad Bar  
 Chips  
 Creamed Potatoes  
 Abbey Crunch Biscuit  
 Fresh Fruit Juice  
 Ice-Cream Roll  
 Fresh Fruit Bags  
 Yoghurt

## Week 2

### Monday

Spaghetti Bolognese  
 Tuna Pasta Bake  
 Mixed Vegetable Medley  
 Salad Bar  
 Homemade Garlic Bread  
 Jacket Potatoes  
 Chocolate Sponge  
 Custard Sauce  
 Yoghurt  
 Fresh Fruit Bags

### Tuesday

Chicken Casserole With Dumplings  
 Oven Baked Fish Fingers  
 Carrots  
 Green Beans  
 Salad Bar  
 New Potatoes  
 Creamed Potatoes  
 Jam Shortcake  
 Custard Sauce  
 Carrot Cake  
 Yoghurt  
 Fresh Fruit Bags

### Wednesday

Home-Made Sausage Roll  
 Pizza Swirls  
 Baked Beans  
 Salad Bar  
 Homemade Jacket Wedges  
 Rice & Peas  
 Rice Pudding  
 Fruit In Jelly  
 Yoghurt  
 Fresh Fruit Bags

### Thursday

Roast Pork  
 Sage & Onion Stuffing  
 Gravy  
 Breaded Salmon Fillet  
 Broccoli  
 Cabbage  
 Salad Bar  
 Roast Potatoes  
 Creamed Potatoes  
 Strawberry Victoria Sponge  
 Custard Sauce  
 Fruit Cookie  
 Yoghurt  
 Fresh Fruit Bags

### Friday

Chicken in Wholemeal Crumb  
 Vegetable Burger In Bread Roll  
 Golden Sweetcorn  
 Crunchy Coleslaw  
 Salad Bar  
 Oven Baked Diced Potatoes  
 Noodles  
 Chunky Fruit Muffin  
 Shortbread Biscuit  
 Flavoured Milkshake  
 Yoghurt  
 Fresh Fruit Bags

