

Munchin

Week 1

Monday

Savoury Mince
 Yorkshire Pudding
 Gravy
 Pasta With Tomato & Basil Sauce
 Golden Sweetcorn
 Swede and Carrots Mix
 Salad Bar
 Creamed Potatoes
 Roast Potatoes
 Lemon Crunch Tart
 Custard Sauce
 Ice-Cream Roll
 Fresh Fruit

Tuesday

Home-Made Sausage Roll
 Salmon Fish Cake
 Baked Beans
 Garden Peas
 Salad Bar
 Garlic Pasta
 Jacket Potatoes
 Syrup Sponge
 Custard Sauce
 Jam & Cream Scone
 Fresh Fruit

Wednesday

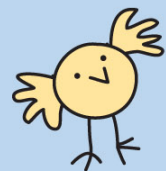
Roast Pork
 Sage & Onion Stuffing
 Gravy
 Baked Bean and Cheese Pinwheels
 Carrots
 Cabbage
 Salad Bar
 Creamed Potatoes
 Roast Potatoes
 Fruit Pie
 Custard Sauce
 Iced Finger Roll
 Fresh Fruit

Thursday

Loaded Vegetable Pizza
 Chicken Tikka Masala
 Green Beans
 Garden Peas
 Salad Bar
 Oven Baked Potatoes
 Boiled Rice
 Jam Shortcake
 Custard Sauce
 Fresh Fruit
 Yoghurt

Friday

Spaghetti Bolognaise
 Oven Baked Breaded Fish
 Mixed Vegetable Medley
 Salad Bar
 Oven Chips
 Homemade Garlic Bread
 Abbey Crunch Biscuit
 Fresh Fruit Juice
 Fresh Fruit
 Yoghurt



Week 2

Monday

Baked Sausage
 Gravy
 Pizza Swirls
 Baked Beans
 Green Beans
 Salad Bar
 Creamed Potatoes
 Garlic Pasta
 Chocolate Sponge
 Chocolate Sauce
 Summer Fruits Smoothie
 Fresh Fruit

Tuesday

Beef Pasty
 Gravy
 Oven Baked Fish Fingers
 Broccoli
 Salad Bar
 Duchess Potatoes
 Oven Baked Potatoes
 Eve's Pudding
 Custard Sauce
 Flapjack
 Fresh Fruit Juice
 Fresh Fruit

Wednesday

Gammon With Pineapple
 Quiche
 Golden Sweetcorn
 Salad Bar
 Jacket Potatoes
 Rice Pudding
 Iced Chocolate Layer
 Fresh Fruit

Thursday

Roast Chicken
 Sage & Onion Stuffing
 Gravy
 Vegetable Lasagne
 Carrots
 Cabbage
 Salad Bar
 Creamed Potatoes
 Roast Potatoes
 Apple Muffins
 Lemon Meringue Pie
 Fresh Fruit

Friday

Chicken in Wholemeal Crumb
 Cheese & Onion Pie
 Garden Peas
 Crunchy Coleslaw
 Salad Bar
 Oven Chips
 Jacket Potatoes
 Jam Roly Poly
 Custard Sauce
 Yoghurt
 Fresh Fruit

