

Munchin

Week 1

Monday

Beef Curry
 Salmon Fish Cake
 Mixed Vegetable Medley
 Salad Bar
 Boiled Rice
 Jacket Potatoes
 Tutti Frutti Sponge
 Custard Sauce
 Apple Scones
 Fresh Fruit

 Pasta Bar
 Assorted Cold Sweets

Tuesday

Baked Sausage
 Gravy
 Cheese & Onion Pie
 Carrots
 Broccoli
 Salad Bar
 Creamed Potatoes
 Fruit Crumble
 Custard Sauce
 Devon Split
 Fresh Fruit

 Pasta Bar
 Assorted Cold Sweets

Wednesday

Gammon With Pineapple
 Vegetable Lasagne
 Garden Peas & Sweetcorn
 Salad Bar
 New Potatoes
 Chocolate Sponge
 Chocolate Sauce
 Flavoured Milkshake
 Ginger Biscuit
 Fresh Fruit

 Pasta Bar
 Assorted Cold Sweets

Thursday

Roast Chicken In Gravy
 Sage & Onion Stuffing
 Quorn Sausage
 Cabbage
 Carrots
 Salad Bar
 Oven Roast & Creamed Potatoes
 Gainsborough Tart
 Custard Sauce
 Yoghurt
 Fresh Fruit Salad

 Pasta Bar
 Assorted Cold Sweets

Friday

Oven Baked Fish Fingers
 Cheese Pinwheels
 Crunchy Coleslaw
 Baked Beans
 Salad Bar
 Potato Wedges
 Ice-Cream Roll
 Fruit In Jelly
 Fresh Fruit

 Pasta Bar
 Assorted Cold Sweets

Week 2

Monday

Chicken and Tomato Penne Pasta
 Tuna Fish & Potato Pie
 Broccoli
 Golden Sweetcorn
 Salad Bar
 Oven Baked Potatoes
 Ginger Sponge
 Custard Sauce
 Yoghurt
 Fresh Fruit Salad

 Pasta Bar
 Assorted Cold Sweets

Tuesday

Beef Pasty
 Gravy
 Quiche
 Garden Peas
 Salad Bar
 Saute Potatoes
 Parsley Potatoes
 Rice Pudding With Fresh Fruit
 Raspberry Muffins
 Fresh Fruit

 Pasta Bar
 Assorted Cold Sweets

Wednesday

Stew With Dumplings
 Oven Baked Breaded Fish
 Carrots
 Garden Peas
 Salad Bar
 Duchess Potatoes
 Eve's Pudding
 Custard Sauce
 Jam & Cream Scone
 Fresh Fruit

 Pasta Bar
 Assorted Cold Sweets

Thursday

Chicken Pie
 Gravy
 Vegetarian Pasta Bake
 Mixed Vegetable Medley
 Salad Bar
 Roast Potatoes
 Tomato and Basil Bread
 Apple Turnovers
 Yoghurt
 Fresh Fruit

 Pasta Bar
 Assorted Cold Sweets

Friday

Cheese & Tomato Pizza
 Ham & Mushroom Pizza
 Crunchy Coleslaw
 Salad Bar
 Chips
 Jacket Potatoes
 Delight
 Fresh Fruit Juice
 Flapjack
 Fresh Fruit

 Pasta Bar
 Assorted Cold Sweets

