

# Munchin

Week 1

## Monday

Baked Sausage Gravy  
 Mexican Enchilada  
 Green Beans  
 Fresh Cauliflower Salad Bar  
 Creamed Potatoes  
 Noodles  
 Chocolate Gateau  
 Jelly With Cream  
 Fresh Fruit  
 Yoghurt  
 \*\*\*\*\*  
 Pasta And Jacket Bar  
 Assorted Cold Sweets

## Tuesday

Pizza Swirls  
 Lasagne  
 Garden Peas & Sweetcorn  
 Salad Bar  
 Garlic Slice  
 Jacket Potatoes  
 Fruit Crumble  
 Custard Sauce  
 French Bun  
 Flapjack  
 Fresh Fruit  
 Yoghurt  
 \*\*\*\*\*  
 Pasta And Jacket Bar  
 Assorted Cold Sweets

## Wednesday

Roast Pork  
 Sage & Onion Stuffing  
 Gravy  
 Home-made Salmon Fish Cakes  
 Swede  
 Carrots  
 Salad Bar  
 Oven Roast & Creamed Potatoes  
 Ginger Cake With Fudge Topping  
 Ice-Cream  
 Fresh Fruit  
 Yoghurt  
 \*\*\*\*\*  
 Pasta And Jacket Bar  
 Assorted Cold Sweets

## Thursday

Chicken Curry  
 Cheese Pinwheels  
 Mixed Vegetable Medley  
 Salad Bar  
 Boiled Rice  
 Oven Baked Potatoes  
 Rice Pudding  
 Chunky Fruit Muffin  
 Fresh Fruit  
 Yoghurt  
 \*\*\*\*\*  
 Pasta And Jacket Bar  
 Assorted Cold Sweets

## Friday

Oven Baked Breaded Fish  
 Quorn Sausage Toad In The Hole  
 Mushy Peas  
 Golden Sweetcorn  
 Salad Bar  
 Oven Baked Potatoes  
 Parsley Potatoes  
 Bakewell Tart  
 Custard Sauce  
 Delight  
 Fresh Fruit  
 Yoghurt  
 \*\*\*\*\*  
 Pasta And Jacket Bar  
 Assorted Cold Sweets

Week 2

## Monday

Loaded Vegetable Pizza  
 Shepherd's Pie  
 Gravy  
 Golden Sweetcorn  
 Broccoli  
 Salad Bar  
 Oven Baked Potatoes  
 Chocolate Sponge  
 Chocolate Sauce  
 Jelly With Cream  
 Fresh Fruit  
 Yoghurt  
 \*\*\*\*\*  
 Pasta And Jacket Bar  
 Assorted Cold Sweets

## Tuesday

Savoury Mince  
 Yorkshire Pudding  
 Cheese & Onion Pie  
 Swede and Carrots Mix  
 Cabbage  
 Salad Bar  
 Oven Roast & Creamed Potatoes  
 Gateau  
 Chelsea Bun  
 Fresh Fruit  
 Yoghurt  
 \*\*\*\*\*  
 Pasta And Jacket Bar  
 Assorted Cold Sweets

## Wednesday

Oven Baked Breaded Fish  
 Home-Made Sausage Roll  
 Baked Beans  
 Green Beans  
 Salad Bar  
 Oven Chips  
 Jacket Potatoes  
 Syrup Sponge  
 Custard Sauce  
 Fresh Fruit Salad  
 Fresh Fruit  
 Yoghurt  
 \*\*\*\*\*  
 Pasta And Jacket Bar  
 Assorted Cold Sweets

## Thursday

Gammon With Pineapple  
 Quorn Lasagne  
 Carrots  
 Garden Peas  
 Salad Bar  
 New Potatoes  
 Creamed Potatoes  
 Jam Shortcake  
 Custard Sauce  
 Filled Meringue Nests  
 Fresh Fruit  
 Yoghurt  
 \*\*\*\*\*  
 Pasta And Jacket Bar  
 Assorted Cold Sweets

## Friday

Chicken Pie  
 Gravy  
 Breaded Salmon Fillet  
 Broccoli and Cauliflower Mornay  
 Salad Bar  
 Oven Baked Potatoes  
 Abbey Crunch Biscuit  
 Fresh Fruit Juice  
 Flapjack  
 Fresh Fruit  
 Yoghurt  
 \*\*\*\*\*  
 Pasta And Jacket Bar  
 Assorted Cold Sweets

