

# Munchin

## Week 1

### Monday

Chicken Tikka Masala  
Vegetarian Pasta Bake  
Mixed Vegetable Medley  
Salad Bar  
Boiled Rice  
Jacket Potatoes  
Lemon Crunch Tart  
Custard Sauce  
Summer Fruits Smoothie  
Fresh Fruit

### Tuesday

Savoury Mince  
Yorkshire Pudding  
Quorn Savoury Mince  
Carrots  
Golden Sweetcorn  
Salad Bar  
Creamed Potatoes  
Swedish Apple  
Custard Sauce  
Yoghurt  
Fresh Fruit

### Wednesday

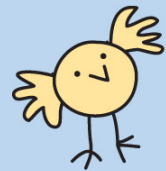
Pasta With Tomato & Basil Sauce  
Jacket Potato With Beans & Cheese  
Crunchy Coleslaw  
Salad Bar  
Homemade Garlic Bread  
Jacket Potatoes  
Pasta Shells  
Fruit Crumble  
Custard Sauce  
Home-made Carrot Cake  
Fresh Fruit

### Thursday

Roast Pork  
Gravy  
Apple Sauce  
Cheese & Onion Pie  
Cabbage  
Broccoli  
Salad Bar  
Oven Baked Potatoes  
Fruit Cookie  
Yoghurt  
Fresh Fruit

### Friday

Loaded Vegetable Pizza  
Salmon Fish Cake  
Salad Bar  
Potato Wedges  
Rice Pudding With Fresh Fruit  
Fresh Fruit Salad  
Fresh Fruit



## Week 2

### Monday

Gammon With Pineapple  
Cheese Pinwheels  
Garden Peas  
Golden Sweetcorn  
Salad Bar  
Oven Baked Potatoes  
Victoria Sponge  
Custard Sauce  
Fresh Fruit

### Tuesday

Lasagne  
Quorn Lasagne  
Salad Bar  
Garlic Slice  
Apple And Sultana Iced Buns  
Summer Fruits Smoothie  
Fresh Fruit

### Wednesday

Chicken Casserole With Dumplings  
Vegetable Samosa  
Quorn Stew and Dumplings  
Fresh Cauliflower  
Broccoli  
Salad Bar  
Creamed Potatoes  
Flapjack  
Fresh Fruit Juice  
Fresh Fruit Salad  
Fresh Fruit

### Thursday

Baked Sausage  
Vegetable Curry  
Baked Beans  
Salad Bar  
Potato Wedges  
Ginger Sponge  
Custard Sauce  
Yoghurt  
Fresh Fruit

### Friday

Baked Fish  
Parsley Sauce  
Pizza Swirls  
Carrots  
Green Beans  
Salad Bar  
Oven Chips  
Jam Shortcake  
Custard Sauce  
Yoghurt  
Fresh Fruit

