

# Munchin

Week 1

## Monday

Oven Baked Breaded Fish  
Parsley Sauce  
Cheese Pinwheels  
Mushy Peas  
Swede  
Oven Baked Diced Potatoes  
Eve's Pudding  
Custard Sauce  
Muffins  
Fresh Fruit  
Yoghurt

## Tuesday

Chicken Pie  
Gravy  
Tuna Pasta Bake  
Green Beans  
Golden Sweetcorn  
Homemade Jacket Wedges  
Jam Sponge  
Custard Sauce  
Oat Biscuit  
Flavoured Milkshake  
Yoghurt  
Fresh Fruit

## Wednesday

Roast Pork  
Apple Sauce  
Gravy  
Quiche  
Broccoli  
Carrots  
Roast Potatoes  
Creamed Potatoes  
Bakewell Tart  
Custard Sauce  
Delight  
Fresh Fruit  
Yoghurt

## Thursday

Cottage Pie  
Gravy  
Vegetable Lasagne  
Mixed Vegetable Medley  
Jacket Potatoes  
Chocolate Sponge  
Custard Sauce  
Fruit In Jelly  
Fresh Fruit  
Yoghurt

## Friday

Baked Sausage  
Gravy  
Cheese & Onion Pie  
Baked Beans  
Garden Peas  
Creamed Potatoes  
Rice Pudding With Fresh Fruit  
Orange Gateau  
Fresh Fruit  
Yoghurt

Week 2

## Monday

Oven Baked Fish Fingers  
Cheese & Onion Roll  
Swede  
Carrots  
Homemade Jacket Wedges  
Syrup Sponge  
Custard Sauce  
Raspberry Bun  
Fresh Fruit  
Yoghurt

## Tuesday

Meat & Potato Pie  
Gravy  
Salmon Pasta Bake  
Mushy Peas  
Mixed Vegetable Medley  
Oven Baked Diced Potatoes  
Jam Roly Poly  
Custard Sauce  
Flapjack  
Fresh Fruit Juice  
Fresh Fruit  
Yoghurt

## Wednesday

Roast Chicken In Gravy  
Sage & Onion Stuffing  
Gravy  
Cheese, Potato & Vegetable Hotpot  
Fresh Cauliflower  
Carrots  
Roast Potatoes  
Creamed Potatoes  
Apple and Treacle Tart  
Custard Sauce  
Ice-Cream Roll  
Fresh Fruit  
Yoghurt

## Thursday

Home-Made Sausage Roll  
Vegetarian Pasta Bake  
Garden Peas  
Golden Sweetcorn  
Jacket Potatoes  
Chocolate Fudge Pudding  
Custard Sauce  
Abbey Crunch Biscuit  
Fresh Fruit Juice  
Fresh Fruit  
Yoghurt

## Friday

Chicken Tikka Masala  
Cheese & Tomato Pizza  
Green Beans  
Baked Beans  
New Potatoes  
Boiled Rice  
Swiss Tart  
Custard Sauce  
Jelly & Ice-Cream  
Fresh Fruit  
Yoghurt

