

# Munchin

## Week 1

### Monday

Baked Macaroni Cheese  
 Breaded Salmon Fillet  
 Salad Bar  
 Garden Peas  
 Oven Baked Potatoes  
 Jacket Potatoes  
 Chocolate Sponge  
 Chocolate Sauce  
 Fresh Fruit  
 Yoghurt

### Tuesday

Cottage Pie  
 Gravy  
 Cheese & Garlic Pizza  
 Salad Bar  
 Golden Sweetcorn  
 Jacket Potatoes  
 Tomato Pasta  
 Rice Pudding With Fresh Fruit  
 Jam & Cream Scone  
 Fresh Fruit

### Wednesday

Roast Chicken In Gravy  
 Quorn Spaghetti Bolognaise  
 Salad Bar  
 Broccoli  
 Roast Potatoes  
 New Potatoes  
 Fresh Fruit Juice  
 Abbey Crunch Biscuit  
 Yoghurt  
 Fresh Fruit

### Thursday

Home-Made Sausage Roll  
 Gravy  
 Cheese & Egg Salad  
 Salad Bar  
 Green Beans  
 Petit Pain Roll  
 Duchess Potatoes  
 Syrup Sponge  
 Custard Sauce  
 Yoghurt  
 Fresh Fruit Salad

### Friday

Chicken in Wholemeal Crumb  
 Quiche  
 Salad Bar  
 Baked Beans  
 Oven Chips  
 New Potatoes  
 Chunky Fruit Muffin  
 Yoghurt  
 Fresh Fruit Salad

## Week 2

### Monday

Baked Sausage  
 Gravy  
 Cheese Pinwheels  
 Salad Bar  
 Baked Beans  
 Creamed Potatoes  
 Oven Chips  
 Apple & Ginger Sponge  
 Custard Sauce  
 Fruit Cocktail Smoothie  
 Fresh Fruit

### Tuesday

Chicken Pie  
 Gravy  
 Vegetarian Pasta Bake  
 Salad Bar  
 Carrots  
 Cabbage  
 Creamed Potatoes  
 Jacket Potatoes  
 Iced Finger Roll  
 Chocolate & Banana Muffin  
 Fresh Fruit

### Wednesday

Gammon With Pineapple  
 Bean & Potato Pie  
 Salad Bar  
 Mixed Vegetable Medley  
 Roast Potatoes  
 Petit Pain Roll  
 Fresh Fruit Juice  
 Raspberry Bun  
 Yoghurt  
 Fresh Fruit

### Thursday

Savoury Mince  
 Yorkshire Pudding  
 Loaded Vegetable Pizza  
 Salad Bar  
 Golden Sweetcorn  
 Oven Baked Potatoes  
 Garlic Pasta  
 Jam Pinwheels  
 Custard Sauce  
 Ice-Cream Roll  
 Fresh Fruit

### Friday

Oven Baked Fish Fingers  
 Quorn Lasagne  
 Salad Bar  
 Garden Peas  
 Homemade Garlic Bread  
 New Potatoes  
 Fruit Crumble  
 Custard Sauce  
 Delight  
 Fresh Fruit

