

Munchin

Week 1

Monday

Baked Sausage
Quorn Sausage
Gravy
Baked Beans
Mixed Vegetable Medley
Salad Bar
Oven Chips
Creamed Potatoes
Apple and Treacle Tart
Custard Sauce
Jam & Cream Scone
Fresh Fruit

Tuesday

Chicken Tikka Masala
Baked Macaroni Cheese
Garden Peas
Fresh Cauliflower
Salad Bar
Boiled Rice
Jacket Potatoes
Jam Sponge
Custard Sauce
Chocolate & Beetroot Cake
Fresh Fruit

Wednesday

Roast Chicken
Sage & Onion Stuffing
Gravy
Breaded Salmon Fillet
Cabbage
Carrots
Salad Bar
Roast Potatoes
Creamed Potatoes
Chocolate Sponge
Chocolate Sauce
Homemade Carrot Cake
Fresh Fruit

Thursday

Oven Baked Breaded Fish
Gammon With Pineapple
Mushy Peas
Golden Sweetcorn
Salad Bar
Potato Wedges
New Potatoes
Muffins
Jelly With Cream
Fresh Fruit

Friday

Loaded Vegetable Pizza
Braising Steak
Broccoli
Carrots
Salad Bar
Garlic Pasta
Jacket Potatoes
Abbey Crunch Biscuit
Fresh Fruit Juice
Yoghurt
Fresh Fruit

Week 2

Monday

Chicken Pie
Cheese & Onion Pie
Mixed Vegetable Medley
Salad Bar
Jacket Potatoes
New Potatoes
Orange Victoria Sponge
Custard Sauce
Yoghurt
Fresh Fruit

Tuesday

Spaghetti Bolognaise
Bean & Potato Pie
Garden Peas
Carrots
Salad Bar
Homemade Garlic Bread
Creamed Potatoes
Fruit Cookie
Rice Pudding
Fresh Fruit

Wednesday

Roast Pork
Sage & Onion Stuffing
Gravy
Pizza Swirls
Carrots
Broccoli
Salad Bar
Roast Potatoes
Creamed Potatoes
Ginger Sponge
Custard Sauce
Fresh Fruit Salad
Fresh Fruit

Thursday

Sweet & Sour Chicken
Oven Baked Fish Fingers
Garden Peas
Golden Sweetcorn
Salad Bar
Noodles
Oven Baked Potatoes
Jam Roly Poly
Custard Sauce
Ice-Cream Roll
Fresh Fruit

Friday

Chicken in Wholemeal Crumb
Quorn Lasagne
Baked Beans
Crunchy Coleslaw
Salad Bar
Oven Baked Diced Potatoes
Jacket Potatoes
Chunky Fruit Muffin
Chocolate Eclair
Fresh Fruit

