

Week 1

Monday

Quorn Spaghetti Bolognese
Spaghetti Bolognese
Garden Peas
Golden Sweetcorn
Salad Bar
Homemade Garlic Bread
Jacket Potatoes
Rice Pudding With Fresh Fruit
Fresh Fruit Juice
Abbey Crunch Biscuit
Fresh Fruit

Tuesday

Loaded Vegetable Pizza
Cheese Sandwich In Bread Roll
Ratatouille
Salad Bar
Garlic Pasta
Jacket Potatoes
Jam Sponge
Custard Sauce
Fresh Fruit Bags
Yoghurt

Wednesday

Gammon With Pineapple
Yorkshire Pudding
White Sauce
Quorn Savoury Mince
Carrots
Broccoli
Salad Bar
Oven Roast & Creamed Potatoes
Apple and Treacle Tart
Custard Sauce
Ice-Cream
Fresh Fruit

Thursday

Oven Baked Breaded Fish
Egg Sandwich In Wholemeal Bread
Baked Beans
Salad Bar
Oven Baked Potatoes
Jacket Potatoes
Viennese Tart
Custard Sauce
Apple Muffins
Fresh Fruit Salad

Friday

Baked Sausage Gravy
Breaded Salmon Fillet
Mixed Vegetable Medley
Salad Bar
Creamed Potatoes
Parsley Potatoes
Chocolate Sponge
Custard Sauce
Fresh Fruit

Week 2

Monday

Cheese & Tomato Pizza
Quiche
Roasted Fresh Vegetables
Salad Bar
Oven Baked Potatoes
Couscous
Pineapple Shortcake
Custard Sauce
Cheesecake
Fresh Fruit

Tuesday

Roast Pork
Sage & Onion Stuffing
Gravy
Oven Baked Fish Fingers
Mixed Vegetable Medley
Broccoli
Salad Bar
Oven Roast & Creamed Potatoes
Shortbread Biscuit
Fresh Fruit Juice
Yoghurt
Fresh Fruit Salad

Wednesday

Chicken and Tomato Penne Pasta
Vegetarian Pasta Bake
Golden Sweetcorn
Crunchy Coleslaw
Salad Bar
Jacket Potatoes
Tomato and Basil Bread
Ginger Sponge
Custard Sauce
Ice-Cream
Fresh Fruit

Thursday

Home-Made Sausage Roll
Quorn Sausage
Baked Beans
Salad Bar
Garlic Pasta
Oven Baked Potatoes
Chocolate Pear Pudding
Chocolate Sauce
Jelly With Cream
Fresh Fruit

Friday

Chicken in Wholemeal Crumb
Home-made Salmon Fish Cakes
Garden Peas
Salad Bar
Saute Potatoes
Jacket Potatoes
Syrup Sponge
Custard Sauce
Banoffee Muffin
Fresh Fruit

