

Week 1

Monday

Chicken Tikka Masala
Quorn Curry
Gravy
Tuna Pasta Bake
Crunchy Coleslaw
Garden Peas
Salad Bar
Boiled Rice
Tomato and Basil Bread
Chocolate Sponge
Chocolate Sauce
Apple Turnovers
Fresh Fruit
Yoghurt

Pasta Bar
Assorted Cold Sweets

Tuesday

Roast Pork
Apple Sauce
Gravy
Breaded Salmon Fillet
Cabbage
Fresh Cauliflower
Salad Bar
Oven Roast & Creamed Potatoes
Pineapple Shortcake
Custard Sauce
Jelly With Cream
Fresh Fruit Salad
Yoghurt

Pasta Bar
Assorted Cold Sweets

Wednesday

Loaded Vegetable Pizza
Baked Beans
Mixed Vegetable Medley
Salad Bar
Garlic Pasta
Homemade Jacket Wedges
Swiss Tart
Custard Sauce
Ice-Cream
Fresh Fruit
Yoghurt

Pasta Bar
Assorted Cold Sweets

Thursday

Home-Made Sausage Roll
Gravy
Quorn Fajitas
Broccoli
Golden Sweetcorn
Salad Bar
Oven Chips
Parsley Potatoes
Apple & Ginger Sponge
Custard Sauce
Shortbread Biscuit
Fresh Fruit Juice
Fresh Fruit

Pasta Bar
Assorted Cold Sweets

Friday

Baked Fish
Parsley Sauce
Meat & Potato Pie
Garden Peas
Carrots
Salad Bar
Creamed Potatoes
Jacket Potatoes
Gateau
Delight
Summer Fruits Smoothie
Fresh Fruit

Pasta Bar
Assorted Cold Sweets

Week 2

Monday

Toad In The Hole
Quorn Sausage Toad In The Hole
Gravy
Green Beans
Fresh Cauliflower
Salad Bar
Oven Baked Potatoes
Chocolate Fudge Pudding
Custard Sauce
Canadian Gingerbread
Fresh Fruit Salad

Pasta Bar
Assorted Cold Sweets

Tuesday

Spaghetti Bolognaise
Quorn Spaghetti Bolognaise
Tuna Fish Roll
Mixed Vegetable Medley
Salad Bar
Homemade Garlic Bread
Jacket Potatoes
Fruit Crumble
Custard Sauce
Shortbread Biscuit
Fresh Fruit Juice
Fresh Fruit
Yoghurt

Pasta Bar
Assorted Cold Sweets

Wednesday

Gammon With Pineapple
Baked Fish
Parsley Sauce
Mushy Peas
Baked Beans
Salad Bar
Oven Chips
Parsley Potatoes
Apple Muffins
Lemon-Iced Muffin
Fresh Fruit Salad

Pasta Bar
Assorted Cold Sweets

Thursday

Roast Chicken
Sage & Onion Stuffing
Pizza Swirls
Cabbage, Leek and Courgette Medley
Swede and Carrots Mix
Salad Bar
Oven Roast & Creamed Potatoes
Jelly With Cream
Chocolate Rice Pudding
Toffee Apple Tart
Fresh Fruit
Yoghurt

Pasta Bar
Assorted Cold Sweets

Friday

Cheese & Onion Roll
Breaded Salmon Fillet
Broccoli
Golden Sweetcorn
Salad Bar
Creamed Potatoes
Jacket Potatoes
Lemon Sponge
Custard Sauce
Chocolate & Beetroot Cake
Fresh Fruit
Yoghurt

Pasta Bar
Assorted Cold Sweets

