

# Munchin

**Week 1**

## Monday

Beef Pasty  
Gravy  
Salmon Fish Cake  
Ham Salad  
Salad Bar  
Mixed Vegetable Medley  
Jacket Potatoes  
Duchess Potatoes  
Rice Pudding  
Ginger Biscuit  
Flavoured Milkshake  
Fresh Fruit

## Tuesday

Home-Made Sausage Roll  
Baked Macaroni Cheese  
Tuna Fish Salad  
Salad Bar  
Garden Peas  
Golden Sweetcorn  
Jacket Potatoes  
Homemade Jacket Wedges  
Fruit Shortcake  
Custard Sauce  
Gateau  
Fresh Fruit

## Wednesday

Roast Pork  
Gravy  
Apple Sauce  
Pizza Swirls  
Boiled Egg Salad  
Salad Bar  
Cabbage  
Carrots  
Oven Roast & Creamed Potatoes  
Syrup Sponge  
Custard Sauce  
Fruit In Jelly  
Yoghurt  
Fresh Fruit

## Thursday

Oven Baked Fish Fingers  
Lasagne  
Turkey Salad  
Salad Bar  
Golden Sweetcorn  
Green Beans  
Garlic Slice  
Creamed Potatoes  
Lemon Crunch Tart  
Custard Sauce  
Chocolate Brownie  
Fresh Fruit

## Friday

Loaded Vegetable Pizza  
Chicken Curry  
Tuna Fish Salad  
Salad Bar  
Garden Peas  
Baked Beans  
Boiled Rice  
Chips  
Fruit Crumble  
Custard Sauce  
Ice-Cream  
Fresh Fruit

**Week 2**

## Monday

Oven Baked Breaded Fish  
Parsley Sauce  
Spaghetti Bolognese  
Turkey Salad  
Salad Bar  
Mixed Vegetable Medley  
Creamed Potatoes  
Homemade Garlic Bread  
Bakewell Tart  
Custard Sauce  
Mandarin & Peach Muffin  
Fresh Fruit

## Tuesday

Cheese & Tomato Pizza  
Lamb Curry  
Tuna Fish Salad  
Salad Bar  
Garden Peas  
Golden Sweetcorn  
Jacket Potatoes  
Boiled Rice  
Jam Roly Poly  
Custard Sauce  
Carrot Cake  
Fresh Fruit

## Wednesday

Roast Turkey  
Sage & Onion Stuffing  
Gravy  
Quiche  
Ham Salad  
Salad Bar  
Broccoli  
Fresh Cauliflower  
Oven Roast & Creamed Potatoes  
Chocolate Sponge  
Chocolate Sauce  
Neapolitan Jelly  
Fresh Fruit

## Thursday

Baked Sausage  
Gravy  
Cheese Wrap  
Salad Bar  
Carrots  
Green Beans  
Jacket Potatoes  
Noodles  
Swedish Apple  
Custard Sauce  
Ice-Cream Roll  
Fresh Fruit

## Friday

Chicken in Wholemeal Crumb  
Tuna Pasta Bake  
Boiled Egg Salad  
Salad Bar  
Crunchy Coleslaw  
Baked Beans  
Homemade Jacket Wedges  
New Potatoes  
Viennese Tart  
Custard Sauce  
Yoghurt  
Fresh Fruit Salad

