

Week 1

## Monday

Roast Chicken In Gravy  
Cheese & Onion Pie  
Mixed Vegetable Medley  
Salad Bar  
Boiled Rice  
Jacket Potatoes  
Fruit Crumble  
Custard Sauce  
Homemade Carrot Cake  
Fresh Fruit

## Tuesday

Baked Sausage Gravy  
Quorn Sausage  
Baked Beans  
Salad Bar  
Creamed Potatoes  
Oven Baked Potatoes  
Ice-Cream  
Yoghurt  
Fresh Fruit

## Wednesday

Gammon With Pineapple  
Salmon Fish Cake  
Garden Peas & Sweetcorn  
Salad Bar  
New Potatoes  
Noodles  
Chocolate Sponge  
Chocolate Sauce  
Yoghurt  
Fresh Fruit

## Thursday

Roast Turkey  
Sage & Onion Stuffing  
Gravy  
Cheese Sandwich In Bridge Roll  
Carrots  
Cabbage  
Salad Bar  
Oven Roast & Creamed Potatoes  
Jam Shortcake  
Custard Sauce  
Fruit In Jelly  
Fresh Fruit

## Friday

Spaghetti Bolognaise  
Oven Baked Fish Fingers  
Garden Peas  
Salad Bar  
Potato Wedges  
New Potatoes  
Swiss Tart  
Custard Sauce  
Shortbread Biscuit  
Fresh Fruit Juice  
Fresh Fruit

Week 2

## Monday

Beef Pasty  
Gravy  
Salmon Fish Cake  
Broccoli  
Carrots  
Salad Bar  
Oven Baked Potatoes  
Creamed Potatoes  
Apple Muffins  
Syrup Sponge  
Custard Sauce  
Fresh Fruit

## Tuesday

Chicken and Tomato Penne Pasta  
Oven Baked Breaded Fish  
Golden Sweetcorn  
Salad Bar  
Oven Chips  
Jacket Potatoes  
Ginger Sponge  
Custard Sauce  
Scone With Flora  
Fresh Fruit Salad

## Wednesday

Roast Pork  
Sage & Onion Stuffing  
Gravy  
Cheese Salad  
Carrots  
Fresh Cauliflower  
Salad Bar  
Oven Roast & Creamed Potatoes  
Eve's Pudding  
Custard Sauce  
Ice-Cream Roll  
Fresh Fruit

## Thursday

Home-Made Sausage Roll  
Baked Macaroni Cheese  
Garden Peas  
Salad Bar  
Oven Baked Potatoes  
Couscous  
Chocolate Marbled Victoria Sponge  
Custard Sauce  
Fresh Fruit

## Friday

Chicken Tikka Masala  
Loaded Vegetable Pizza  
Baked Beans  
Salad Bar  
Jacket Potatoes  
Boiled Rice  
Rice Pudding  
Muffins  
Fresh Fruit

