

Munchin

Week 1

Monday

Baked Sausage
Quorn Sausage
Gravy
Vegetarian Pasta Bake
Broccoli
Fresh Cauliflower
Salad Bar
Chips
Couscous
Chocolate Pear Pudding
Custard Sauce
Blue Peter Biscuit
Fresh Fruit

Tuesday

Meat & Potato Pie
Gravy
Breaded Salmon Fillet
Mixed Vegetable Medley
Salad Bar
Jacket Potatoes
Parsley Potatoes
Orange Gateau
Yoghurt
Fresh Fruit Salad

Wednesday

Roast Chicken
Gravy
Baked Macaroni Cheese
Carrots
Cabbage
Salad Bar
Oven Roast & Creamed Potatoes
Tutti Frutti Sponge
Custard Sauce
Flapjack
Fresh Fruit

Thursday

Oven Baked Breaded Fish
Parsley Sauce
Spaghetti Bolognese
Baked Beans
Broccoli
Salad Bar
Garlic Slice
Homemade Jacket Wedges
Muffins
Jelly With Cream
Fresh Fruit Salad

Friday

Cheese & Tomato Pizza
Chicken and Tomato Penne Pasta
Garden Peas & Sweetcorn
Salad Bar
Noodles
Oven Baked Potatoes
Ice-Cream Roll
Spicy Crisp Biscuit
Fresh Fruit

Week 2

Monday

Cheese & Onion Roll
Cottage Pie
Garden Peas
Salad Bar
Jacket Potatoes
Oven Baked Potatoes
Chocolate Victoria Sponge
Custard Sauce
Fresh Fruit Salad
Yoghurt

Tuesday

Oven Baked Fish Fingers
Chicken Curry
Baked Beans
Fresh Cauliflower
Salad Bar
Oven Chips
Pitta Bread
Chunky Fruit Muffin
Rice Pudding With Fresh Fruit
Fresh Fruit

Wednesday

Roast Turkey
Gravy
Sage & Onion Stuffing
Vegetable Lasagne
Carrots
Broccoli
Salad Bar
Oven Roast & Creamed Potatoes
Jam Roly Poly
Custard Sauce
Flavoured Milkshake
Ginger Biscuit
Fresh Fruit

Thursday

Cheese & Tomato Pizza
Chilli Con Carne
Golden Sweetcorn
Green Beans
Salad Bar
Garlic Pasta
Boiled Rice
Chocolate & Beetroot Cake
Raspberry Bun
Fresh Fruit

Friday

Chicken Pie
Gravy
Breaded Salmon Fillet
Mixed Vegetable Medley
Salad Bar
Jacket Potatoes
Iced Finger Roll
Chocolate Shortbread
Fresh Fruit

