

# Munchin

Week 1

## Monday

Chicken Pie  
Oven Baked Fish Fingers  
Gravy  
Broccoli  
Mixed Vegetable Medley  
Salad Bar  
Oven Baked Potatoes  
Boiled Rice  
Fruit Crumble  
Custard Sauce  
Fresh Fruit Juice  
Shortbread Biscuit  
Fresh Fruit

## Tuesday

Baked Sausage  
Cheese Pinwheels  
Gravy  
Garden Peas  
Swede and Carrots Mix  
Salad Bar  
Homemade Garlic Bread  
Creamed Potatoes  
Viennese Tart  
Custard Sauce  
Fruit In Jelly  
Fresh Fruit

## Wednesday

Loaded Vegetable Pizza  
Ham Salad  
Golden Sweetcorn  
Crunchy Coleslaw  
Salad Bar  
Garlic Pasta  
Jacket Potatoes  
Chocolate Fudge Pudding  
Custard Sauce  
Fresh Fruit  
Yoghurt

## Thursday

Roast Turkey  
Sage & Onion Stuffing  
Vegetable Burger In Bread Roll  
Gravy  
Cabbage, Leek and Courgette Medley  
Carrots  
Salad Bar  
Roast Potatoes  
Creamed Potatoes  
Syrup Sponge  
Custard Sauce  
Gateau  
Fresh Fruit

## Friday

Home-Made Burger In A Bun  
Salmon Fish Cake  
Baked Beans  
Green Beans  
Salad Bar  
Chips  
Parsley Potatoes  
Ice-Cream  
Shortbread Biscuit  
Delight  
Fresh Fruit

Week 2

## Monday

Chicken Pasta Bake  
Bean & Potato Pie  
Mixed Vegetable Medley  
Broccoli  
Salad Bar  
Homemade Garlic Bread  
Jacket Potatoes  
Jam Shortcake  
Custard Sauce  
Chocolate & Beetroot Cake  
Fresh Fruit

## Tuesday

Shepherd's Pie  
Cheese & Onion Roll  
Gravy  
Garden Peas  
Golden Sweetcorn  
Salad Bar  
Garlic Pasta  
Parsley Potatoes  
Ginger Sponge  
Custard Sauce  
Apple Turnovers  
Fresh Fruit

## Wednesday

Chicken Tikka Masala  
Pizza Swirls  
Cabbage  
Crunchy Coleslaw  
Salad Bar  
Oven Baked Potatoes  
Boiled Rice  
Lemon Crunch Tart  
Custard Sauce  
Apple Muffins  
Fresh Fruit

## Thursday

Gammon With Pineapple  
Quiche  
Gravy  
Broccoli and Cauliflower Mornay  
Carrots  
Salad Bar  
Roast Potatoes  
Creamed Potatoes  
Chocolate Sponge  
Chocolate Sauce  
Yoghurt  
Fresh Fruit

## Friday

Home-Made Sausage Roll  
Oven Baked Breaded Fish  
Baked Beans  
Mushy Peas  
Salad Bar  
Chips  
Jacket Potatoes  
Homemade Carrot Cake  
Jelly & Ice-Cream  
Fresh Fruit

