

# Munchin

**Week 1**

## Monday

Shepherd's Pie  
Gravy  
Oven Baked Fish Fingers  
Golden Sweetcorn  
Salad Bar  
Jacket Potatoes  
Petit Pain Roll  
Chocolate Rice Pudding  
Fairy Bun  
Fresh Fruit Juice  
Fresh Fruit  
Yoghurt  
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Pasta Bar  
Assorted Cold Sweets

## Tuesday

Home-Made Sausage Roll  
Tuna Pasta Bake  
Baked Beans  
Mixed Vegetable Medley  
Salad Bar  
Oven Baked Potatoes  
Boiled Rice  
Chocolate Marbled Victoria Sponge  
Custard Sauce  
Ice-Cream Roll  
Fresh Fruit  
Yoghurt  
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Pasta Bar  
Assorted Cold Sweets

## Wednesday

Roast Chicken  
Gravy  
Sage & Onion Stuffing  
Bean & Potato Pie  
Broccoli  
Fresh Cauliflower  
Salad Bar  
Roast Potatoes  
Creamed Potatoes  
Chocolate Fudge Pudding  
Custard Sauce  
Chocolate Eclair  
Fresh Fruit  
Yoghurt  
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Pasta Bar  
Assorted Cold Sweets

## Thursday

Breaded Salmon Fillet  
Chicken Pie  
Gravy  
Carrots  
Cabbage  
Salad Bar  
Oven Baked Potatoes  
Pasta Shells  
Jam Shortcake  
Custard Sauce  
Fruit In Jelly  
Fresh Fruit  
Yoghurt  
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Pasta Bar  
Assorted Cold Sweets

## Friday

Gammon With Pineapple  
Gravy  
Cheese & Tomato Pizza  
Golden Sweetcorn  
Garden Peas  
Salad Bar  
Chips  
Jacket Potatoes  
Syrup Sponge  
Custard Sauce  
Ginger Biscuit  
Fresh Fruit Juice  
Fresh Fruit  
Yoghurt  
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Pasta Bar  
Assorted Cold Sweets

**Week 2**

## Monday

Chicken in Wholemeal Crumb  
Quorn Spaghetti Bolognaise  
Baked Beans  
Green Beans  
Salad Bar  
Oven Baked Potatoes  
Creamed Potatoes  
Chocolate Victoria Sponge  
Chocolate Sauce  
Flapjack  
Yoghurt  
Fresh Fruit  
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Pasta Bar  
Assorted Cold Sweets

## Tuesday

Chicken Tikka Masala  
Cheese & Tomato Pizza  
Golden Sweetcorn  
Garden Peas  
Salad Bar  
Boiled Rice  
Pasta Shells  
Viennese Tart  
Custard Sauce  
Ice-Cream  
Shortbread Biscuit  
Yoghurt  
Fresh Fruit  
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Pasta Bar  
Assorted Cold Sweets

## Wednesday

Oven Baked Breaded Fish  
Spaghetti Bolognaise  
Carrots  
Mushy Peas  
Salad Bar  
Garlic Slice  
Chocolate & Beetroot Cake  
Chunky Fruit Muffin  
Yoghurt  
Fresh Fruit  
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Pasta Bar  
Assorted Cold Sweets

## Thursday

Roast Pork  
Gravy  
Sage & Onion Stuffing  
Cheese & Onion Pie  
Golden Sweetcorn  
Swede and Carrots Mix  
Salad Bar  
Creamed Potatoes  
Homemade Jacket Wedges  
Jam Shortcake  
Custard Sauce  
Homemade Carrot Cake  
Yoghurt  
Fresh Fruit  
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Pasta Bar  
Assorted Cold Sweets

## Friday

Toad In The Hole  
Gravy  
Quorn Savoury Mince  
Yorkshire Pudding  
Broccoli  
Fresh Cauliflower  
Salad Bar  
Roast Potatoes  
New Potatoes  
Apple Turnovers  
Chocolate Brownie  
Yoghurt  
Fresh Fruit  
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Pasta Bar  
Assorted Cold Sweets

