

Munchin

Week 1

Monday

Chicken Tikka Masala
Oven Baked Breaded Fish
Mixed Vegetable Medley
Salad Bar
Boiled Rice
Jacket Potatoes
Pineapple Shortcake
Custard Sauce
Muffins
Fresh Fruit

Tuesday

Baked Sausage
Quiche
Gravy
Carrots
Broccoli
Salad Bar
Creamed Potatoes
Pasta Shells
Fruit Crumble
Custard Sauce
Ice-Cream
Fresh Fruit

Wednesday

Chicken in Wholemeal Crumb
Vegetable Lasagne
Garden Peas & Sweetcorn
Salad Bar
New Potatoes
Oven Baked Potatoes
Chocolate Sponge
Chocolate Sauce
Flavoured Milkshake
Ginger Biscuit
Fresh Fruit

Thursday

Roast Chicken
Sage & Onion Stuffing
Gravy
Pizza Swirls
Green Beans
Salad Bar
Oven Roast & Creamed Potatoes
Orange Gateau
Fresh Fruit Salad
Yoghurt

Friday

Meat & Potato Pie
Quorn Spaghetti Bolognaise
Golden Sweetcorn
Baked Beans
Salad Bar
Oven Baked Potatoes
Homemade Garlic Bread
Jam Sponge
Custard Sauce
Fruit In Jelly
Fresh Fruit

Week 2

Monday

Baked Macaroni Cheese
Salmon Fish Cake
Broccoli
Carrots
Salad Bar
Homemade Jacket Wedges
Ginger Sponge
Custard Sauce
Yoghurt
Fresh Fruit Salad

Tuesday

Savoury Mince
Yorkshire Pudding
Loaded Vegetable Pizza
Golden Sweetcorn
Baked Beans
Salad Bar
Oven Baked Potatoes
Garlic Slice
Rice Pudding With Fresh Fruit
Homemade Carrot Cake
Fresh Fruit

Wednesday

Gammon With Pineapple
Gravy
Oven Baked Fish Fingers
Mixed Vegetable Medley
Salad Bar
Oven Roast & Creamed Potatoes
Fruit Pie
Custard Sauce
Cheesecake
Fresh Fruit

Thursday

Chicken Pie
Gravy
Cheese Pinwheels
Carrots
Garden Peas
Salad Bar
Savoury Rice
Tomato and Basil Bread
Chocolate Pear Pudding
Custard Sauce
Yoghurt
Fresh Fruit

Friday

Home-made Meatballs in Tomato Sauce
Cheese Sandwich In Bread Roll
Crunchy Coleslaw
Broccoli and Cauliflower Mornay
Salad Bar
Oven Chips
Jacket Potatoes
Jam Roly Poly
Custard Sauce
Fresh Fruit Juice
Abbey Crunch Biscuit
Fresh Fruit

