

# Munchin

Week 1

## Monday

Chicken Tikka Masala  
Breaded Salmon Fillet  
Mixed Vegetable Medley  
Salad Bar  
Boiled Rice  
Jacket Potatoes  
Orange Victoria Sponge  
Custard Sauce  
Ice-Cream  
Fresh Fruit  
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Pasta And Jacket Bar  
Assorted Cold Sweets

## Tuesday

Toad In The Hole  
Gravy  
Quiche  
Carrots  
Broccoli  
Salad Bar  
Duchess Potatoes  
Fruit Crumble  
Custard Sauce  
Raspberry Bun  
Yoghurt  
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Pasta And Jacket Bar  
Assorted Cold Sweets

## Wednesday

Roast Pork  
Sage & Onion Stuffing  
Gravy  
Cheese Pinwheels  
Swede  
Garden Peas  
Salad Bar  
Oven Roast & Creamed Potatoes  
Muffins  
Jelly Face  
Fresh Fruit  
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Pasta And Jacket Bar  
Assorted Cold Sweets

## Thursday

Oven Baked Breaded Fish  
Parsley Sauce  
Chicken Casserole With Dumplings  
Golden Sweetcorn  
Salad Bar  
Oven Baked Potatoes  
Rice Pudding With Fresh Fruit  
Abbey Crunch Biscuit  
Fresh Fruit Juice  
Yoghurt  
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Pasta And Jacket Bar  
Assorted Cold Sweets

## Friday

Loaded Vegetable Pizza  
Chilli Con Carne  
Baked Beans  
Salad Bar  
Oven Chips  
Homemade Garlic Bread  
Chocolate Brownie  
Delight  
Fresh Fruit  
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Pasta And Jacket Bar  
Assorted Cold Sweets

Week 2

## Monday

Oven Baked Fish Fingers  
Cheese & Onion Pie  
Garden Peas  
Salad Bar  
Oven Baked Potatoes  
Garlic Pasta  
Syrup Sponge  
Custard Sauce  
Yoghurt  
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Pasta And Jacket Bar  
Assorted Cold Sweets

## Tuesday

Chicken Pie  
Gravy  
Pizza Swirls  
Broccoli  
Salad Bar  
New Potatoes  
Muffins  
Fresh Fruit  
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Pasta And Jacket Bar  
Assorted Cold Sweets

## Wednesday

Roast Turkey  
Sage & Onion Stuffing  
Gravy  
Vegetable Lasagne  
Carrots  
Cabbage  
Salad Bar  
Oven Roast & Creamed Potatoes  
Carrot Cake  
Ice-Cream Roll  
Yoghurt  
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Pasta And Jacket Bar  
Assorted Cold Sweets

## Thursday

Spaghetti Bolognese  
Tuna Fishcake  
Golden Sweetcorn  
Salad Bar  
Tomato and Basil Bread  
Oven Baked Potatoes  
Viennese Tart  
Custard Sauce  
Fresh Fruit  
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Pasta And Jacket Bar  
Assorted Cold Sweets

## Friday

Home-Made Sausage Roll  
Vegetarian Pasta Bake  
Baked Beans  
Salad Bar  
Oven Chips  
Homemade Garlic Bread  
Eve's Pudding  
Custard Sauce  
Shortbread Biscuit  
Yoghurt  
\*\*\*\*\*  
Pasta And Jacket Bar  
Assorted Cold Sweets

