

Week 1

Monday

Stew With Dumplings
Baked Macaroni Cheese
Mixed Bean Casserole
Gravy
Golden Sweetcorn
Garden Peas
Salad Bar
Hash Browns
Boiled Rice
Fruit Shortcake
Custard Sauce
Yoghurt
Fresh Fruit Salad

Tuesday

Salmon Fish Cake
Pizza Swirls
Vegetable Lasagne
Gravy
Baked Beans
Swede
Salad Bar
Oven Baked Potatoes
Couscous
Fruit Pie
Custard Sauce
Chocolate Shortbread
Flavoured Milkshake
Fresh Fruit Salad

Wednesday

Gammon With Pineapple
Quiche
Tuna Fish Salad
Gravy
Carrots
Green Beans
Salad Bar
Oven Roast & Creamed Potatoes
Victoria Sponge
Custard Sauce
Apple Turnovers
Fresh Fruit Salad

Thursday

Chicken Pie
Cheese & Egg Salad
Gravy
Mixed Vegetable Medley
Salad Bar
New Potatoes
Tomato Pasta
Rice Pudding
Apple And Sultana Bread
Fresh Fruit Salad

Friday

Oven Baked Fish Fingers
Vegetarian Pasta Bake
Parsley Sauce
Mushy Peas
Swede and Carrots Mix
Salad Bar
Creamed Potatoes
Savoury Rice
Chocolate Sponge
Chocolate Sauce
Ice-Cream Roll
Fresh Fruit Salad

Week 2

Monday

Spaghetti Bolognaise
Cheese & Tomato Pizza
Gravy
Green Beans
Golden Sweetcorn
Salad Bar
New Potatoes
Couscous
Lemon Crunch Tart
Custard Sauce
Fruit Scone
Fresh Fruit Salad

Tuesday

Baked Sausage
Chick Pea & Lentil Curry
Gravy
Baked Beans
Fresh Cauliflower
Salad Bar
Oven Chips
Jacket Potatoes
Gainsborough Tart
Custard Sauce
Homemade Carrot Cake
Fresh Fruit Salad

Wednesday

Chicken and Tomato Penne Pasta
Cheese & Onion Pie
Gravy
Golden Sweetcorn
Garden Peas
Salad Bar
Creamed Potatoes
Boiled Rice
Chocolate Rice Pudding
Muffins
Fresh Fruit Salad

Thursday

Roast Pork
Apple Sauce
Tuna Pasta Bake
Sweet & Sour Vegetables
Gravy
Cabbage
Swede and Carrots Mix
Salad Bar
Oven Roast & Creamed Potatoes
Chocolate Pear Pudding
Custard Sauce
Abbey Crunch Biscuit
Flavoured Milkshake
Fresh Fruit Salad

Friday

Fishermans Pie
Baked Bean, Pasta & Cheese Bake
Spicy Bean Burger
Parsley Sauce
Mixed Vegetable Medley
Salad Bar
Potato Wedges
Rice & Peas
Fruit Crumble
Custard Sauce
Gateau
Fresh Fruit Salad

