

# Munchin

Week 1

## Monday

Baked Sausage Gravy  
 Bean & Potato Pie  
 Mixed Vegetable Medley  
 Salad Bar  
 Creamed Potatoes  
 Jacket Potatoes  
 Chocolate Sponge  
 Custard Sauce  
 Blue Peter Biscuit  
 Fresh Fruit Juice  
 Fresh Fruit  
 \*\*\*\*\*  
 Pasta And Jacket Bar  
 Assorted Cold Sweets

## Tuesday

Chicken Tikka Masala  
 Oven Baked Breaded Fish  
 Golden Sweetcorn  
 Salad Bar  
 Garlic Slice  
 Boiled Rice  
 Syrup Sponge  
 Custard Sauce  
 Ice-Cream Roll  
 Fresh Fruit  
 \*\*\*\*\*  
 Pasta And Jacket Bar  
 Assorted Cold Sweets

## Wednesday

Roast Chicken Gravy  
 Cheese & Onion Roll  
 Carrots  
 Cabbage  
 Salad Bar  
 Oven Roast & Creamed Potatoes  
 Rice Pudding  
 Flapjack  
 Fresh Fruit Bags  
 Fresh Fruit  
 \*\*\*\*\*  
 Pasta And Jacket Bar  
 Assorted Cold Sweets

## Thursday

Meat & Potato Pie Gravy  
 Cheese & Tomato Pizza  
 Garden Peas  
 Salad Bar  
 Oven Baked Potatoes  
 Lemon Sponge  
 Custard Sauce  
 Fruit In Jelly  
 Yoghurt  
 Fresh Fruit  
 \*\*\*\*\*  
 Pasta And Jacket Bar  
 Assorted Cold Sweets

## Friday

Chicken in Wholemeal Crumb  
 Tuna Sandwich In Bread Roll  
 Baked Beans  
 Golden Sweetcorn  
 Salad Bar  
 Jacket Potatoes  
 Homemade Jacket Wedges  
 Muffins  
 Iced Finger Roll  
 Fresh Fruit Juice  
 Fresh Fruit  
 \*\*\*\*\*  
 Pasta And Jacket Bar  
 Assorted Cold Sweets

Week 2

## Monday

Oven Baked Fish Fingers  
 Shepherd's Pie  
 Gravy  
 Baked Beans  
 Broccoli  
 Salad Bar  
 Jacket Potatoes  
 Garlic Slice  
 Orange Victoria Sponge  
 Chocolate Sauce  
 Abbey Crunch Biscuit  
 Fresh Fruit Juice  
 Fresh Fruit  
 \*\*\*\*\*  
 Pasta And Jacket Bar  
 Assorted Cold Sweets

## Tuesday

Home-Made Burger In A Bun  
 Bean & Potato Pie  
 Garden Peas  
 Golden Sweetcorn  
 Salad Bar  
 Oven Chips  
 Oven Baked Potatoes  
 Fruit Crumble  
 Custard Sauce  
 Ice-Cream  
 Chocolate & Beetroot Cake  
 Fresh Fruit  
 \*\*\*\*\*  
 Pasta And Jacket Bar  
 Assorted Cold Sweets

## Wednesday

Savoury Mince  
 Yorkshire Pudding  
 Gravy  
 Pizza Swirls  
 Broccoli  
 Carrots  
 Salad Bar  
 Oven Roast & Creamed Potatoes  
 Ginger Sponge  
 Custard Sauce  
 Yoghurt  
 Blue Peter Biscuit  
 Fresh Fruit  
 \*\*\*\*\*  
 Pasta And Jacket Bar  
 Assorted Cold Sweets

## Thursday

Home-Made Sausage Roll  
 Salmon Fish Cake  
 Mixed Vegetable Medley  
 Salad Bar  
 Tomato Pasta  
 Chocolate Marbled Victoria Sponge  
 Custard Sauce  
 Cheesecake  
 Fruit In Jelly  
 Fresh Fruit  
 \*\*\*\*\*  
 Pasta And Jacket Bar  
 Assorted Cold Sweets

## Friday

Spaghetti Bolognaise  
 Cheese Pinwheels  
 Garden Peas  
 Salad Bar  
 Oven Baked Potatoes  
 Chunky Fruit Muffin  
 Flapjack  
 Yoghurt  
 Fresh Fruit Juice  
 Fresh Fruit  
 \*\*\*\*\*  
 Pasta And Jacket Bar  
 Assorted Cold Sweets

