

Munchin

Week 1

Monday

Chicken Tikka Masala
Pepper & Mushroom Pizza
Mixed Vegetable Medley
Salad Bar
Jacket Potatoes
Boiled Rice
Tutti Frutti Sponge
Custard Sauce
Ice-Cream
Fresh Fruit

Tuesday

Sausage Casserole
Tuna Pasta Bake
Carrots
Broccoli
Salad Bar
Creamed Potatoes
Oven Baked Potatoes
Abbey Crunch Biscuit
Flavoured Milkshake
Delight
Fresh Fruit Salad

Wednesday

Gammon With Pineapple
Vegetable Lasagne
Garden Peas & Sweetcorn
Salad Bar
Jacket Potatoes
Chocolate Sponge
Chocolate Sauce
Fresh Fruit
Yoghurt

Thursday

Roast Chicken In Gravy
Salmon Fish Cake
Cabbage
Carrots
Salad Bar
Duchess Potatoes
Gainsborough Tart
Custard Sauce
Ice-Cream Roll
Fresh Fruit

Friday

Oven Baked Breaded Fish
Spaghetti Bolognese
Processed Peas
Golden Sweetcorn
Salad Bar
Jacket Potatoes
Homemade Garlic Bread
Flapjack
Fresh Fruit Juice
Jelly With Cream
Fresh Fruit

Week 2

Monday

Bean & Potato Pie
Chicken and Tomato Penne Pasta
Garden Peas & Sweetcorn
Salad Bar
Oven Baked Potatoes
Chunky Fruit Muffin
Fresh Fruit Salad
Yoghurt

Tuesday

Savoury Mince
Cheese Pinwheels
Broccoli
Baked Beans
Salad Bar
Jacket Potatoes
Oven Baked Potatoes
Rice Pudding With Fresh Fruit
Jam & Cream Scone
Fresh Fruit

Wednesday

Chicken in Wholemeal Crumb
Quiche
Fresh Cauliflower
Golden Sweetcorn
Salad Bar
Creamed Potatoes
Syrup Sponge
Custard Sauce
Fresh Fruit
Yoghurt

Thursday

Pork Pasty
Vegetarian Pasta Bake
Mixed Vegetable Medley
Salad Bar
Roast Potatoes
Tomato and Basil Bread
Eve's Pudding
Custard Sauce
Delight
Fresh Fruit

Friday

Oven Baked Fish Fingers
Lasagne
Crunchy Coleslaw
Processed Peas
Salad Bar
Jacket Potatoes
Petit Pain Roll
Flapjack
Fresh Fruit Juice
Jelly With Cream
Fresh Fruit Salad

