

£2 meal deal menu 2009

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Cooks Choice	Minced Beef & Onion Pie Creamed potato	Cheese & Potato Pie with garlic bread	Vegetable Moussaka	Roast Pork & apple sauce, Gravy & Roast Potatoes	Fish & Chips
Pasta Meal	Tomato Tagliatelle	Beef Lasagne with garlic bread	Oriental Chicken with noodles	Creamy Herb, Broccoli & Mushroom Pasta with Granary Wedge	Cheese Pasta Bake
Baked Potato Meal	Cheese / Tuna / Baked Beans	Cheese / Tuna / Baked Beans	Cheese / Tuna / Baked Beans	Cheese / Tuna / Baked Beans	Cheese / Tuna / Baked Beans
Pizza or Panini Meal	Margherita pizza Cheese & Tomato	Margherita pizza Bacon & Cheese	Margherita pizza Mozzarella & onion	Margherita pizza Tuna	Margherita pizza Ham & Tomato
Sandwich Meal	Tuna & Cucumber / Cheese	Egg & Cress / Cheese	Chicken Mayo & Salad / Cheese	Prawn & Lettuce / Cheese	Ham & Salad / Cheese
Vegetables	Baked Beans Broccoli Peas Green Salad	Baked Beans Peas/Carrot Mix Coleslaw Green Salad	Baked Beans Sweetcorn Green Beans Green Salad	Baked Beans Mixed Vegetables Cabbage Green Salad	Baked Beans Peas Sweetcorn Green Salad
Accompaniments	Yoghurt / Fruit Salad Fresh Milk Flavoured Milk Fruit Juice – carton	Yoghurt / Fruit Salad Fresh Milk Flavoured Milk Fruit Juice – carton	Yoghurt / Fruit Salad Fresh Milk Flavoured Milk Fruit Juice – carton	Yoghurt / Fruit Salad Fresh Milk Flavoured Milk Fruit Juice – carton	Yoghurt / Fruit Salad Fresh Milk Flavoured Milk Fruit Juice – carton
Desserts of the Day	Ginger Pudding & Custard	Carrot & Banana Cake & Custard	Chocolate Rice Pudding & Peaches Iced bun	Fruit Pie & Custard	Chocolate Crunch & Chocolate Sauce
Cookie/Biscuit selection for the week	Oat Cookies / Apricot Oatcakes				



Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Cooks Choice	Shepherds Pie	Cheese & Tomato Enchiladas	Lamb Curry & rice	Roast Chicken with stuffing Roast Potato & Gravy	Fish & Chips
Pasta Meal	Vegetable Spaghetti	Beef Bolognese & Garlic Bread	Vegetable Pasta Bake	Salmon Leek & Tomato Lasagne	Macaroni & Broccoli Cheese
Baked Potato Meal	Cheese / Tuna / Baked Beans	Cheese / Tuna / Baked Beans	Cheese / Tuna / Baked Beans	Cheese / Tuna / Baked Beans	Cheese / Tuna / Baked Beans
Pizza or Panini Meal	Margherita pizza Cheese & Tomato	Margherita pizza Bacon & Cheese	Margherita pizza Mozzarella & onion	Margherita pizza Tuna	Margherita pizza Ham & Tomato
Sandwich Meal	Tuna & Cucumber / Cheese	Egg & Cress / Cheese	Chicken Mayo & Salad / Cheese	Prawn & Lettuce / Cheese	Ham & Salad / Cheese
Vegetables	Baked Beans Carrots Peas Green Salad	Baked Beans Coleslaw Broccoli Green Salad	Baked Beans Cauliflower Green Beans Green Salad	Baked Beans Carrots Cabbage Green Salad	Baked Beans Peas Sweetcorn Green Salad
Accompaniments	Yoghurt / Fruit Salad Fresh Milk Flavoured Milk Fruit Juice – carton	Yoghurt / Fruit Salad Fresh Milk Flavoured Milk Fruit Juice – carton	Yoghurt / Fruit Salad Fresh Milk Flavoured Milk Fruit Juice – carton	Yoghurt / Fruit Salad Fresh Milk Flavoured Milk Fruit Juice – carton	Yoghurt / Fruit Salad Fresh Milk Flavoured Milk Fruit Juice – carton
Desserts of the Day	Dutch Apple Cake & custard Belgian Bun	Apricot Crumble & Custard	Flapjack & custard	Oaty Fruit Crunch & custard	Steamed Chocolate Pudding & Chocolate Custard
Cookie/Biscuit selection for the week	Shortbread Biscuit / Muesli Biscuit				

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Cooks Choice	Meatballs & Curried Rice	Chicken Chow Mein with Noodles	Chilli Con Carne & Rice	Roast Beef & Yorkshire Pudding Roast Potato & Gravy	Fish & Chips
Pasta Meal	Vegetable Lasagne	Mediterranean Pasta Bake	Macaroni Cheese	Stir-fry Vegetables with noodles	Vegetable Spaghetti Bolognese
Baked Potato Meal	Cheese / Tuna / Baked Beans	Cheese / Tuna / Baked Beans	Cheese / Tuna / Baked Beans	Cheese / Tuna / Baked Beans	Cheese / Tuna / Baked Beans
Pizza or Panini Meal	Margherita pizza Cheese & Tomato	Margherita pizza Bacon & Cheese	Margherita pizza Mozzarella & onion	Margherita pizza Tuna	Margherita pizza Ham & Tomato
Sandwich Meal	Tuna & Cucumber / Cheese	Egg & Cress / Cheese	Chicken Mayo & Salad / Cheese	Prawn & Lettuce / Cheese	Ham & Salad / Cheese
Vegetables	Baked Beans Cauliflower Green Beans Green Salad	Baked Beans Peas Sweetcorn Green Salad	Baked Beans Vegetable Medley Tomato & Onion salad Green Salad	Baked Beans Cabbage Carrots Green Salad	Baked Beans Peas Sweetcorn Green Salad
Accompaniments	Yoghurt / Fruit Salad Fresh Milk Flavoured Milk Fruit Juice – carton	Yoghurt / Fruit Salad Fresh Milk Flavoured Milk Fruit Juice – carton	Yoghurt / Fruit Salad Fresh Milk Flavoured Milk Fruit Juice – carton	Yoghurt / Fruit Salad Fresh Milk Flavoured Milk Fruit Juice – carton	Yoghurt / Fruit Salad Fresh Milk Flavoured Milk Fruit Juice – carton
Desserts of the Day	Eves Pudding & Custard	Viennese Jam Tart & custard	Sticky Toffee Pudding & Custard	Fruit Crumble & Custard	Marble Crunch & Chocolate Custard
Cookie/Biscuit selection for the week	Biscuit Slice / Treacle Flapjack				



Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Cooks Choice	Mediterranean Vegetable Puff & Creamed Potato	Toad in the Hole, Creamed Potato & Gravy	Chicken Curry & Rice with Tomato Flatbread	Roast Turkey & Stuffing with Roast Potatoes & Gravy	Fish & Chips
Pasta Meal	Spaghetti Bolognese	Salmon Pasta Bake	Tomato & Basil Pasta	Cheese & Tomato Pasta	Vegetable Pasta Bake
Baked Potato Meal	Cheese / Tuna / Baked Beans	Cheese / Tuna / Baked Beans	Cheese / Tuna / Baked Beans	Cheese / Tuna / Baked Beans	Cheese / Tuna / Baked Beans
Pizza or Panini Meal	Margherita pizza Cheese & Tomato	Margherita pizza Bacon & Cheese	Margherita pizza Mozzarella & onion	Margherita pizza Tuna	Margherita pizza Ham & Tomato
Sandwich Meal	Tuna & Cucumber / Cheese	Egg & Cress / Cheese	Chicken Mayo & Salad / Cheese	Prawn & Lettuce / Cheese	Ham & Salad / Cheese
Vegetables	Baked Beans Broccoli Mixed Vegetables Green Salad	Baked Beans Greenbeans Sweetcorn Green Salad	Baked Beans Peas Carrots Green Salad	Baked Beans Cabbage Cauliflower Green Salad	Baked Beans Peas Grilled Tomato Green Salad
Accompaniments	Yoghurt / Fruit Salad Fresh Milk Flavoured Milk Fruit Juice – carton	Yoghurt / Fruit Salad Fresh Milk Flavoured Milk Fruit Juice – carton	Yoghurt / Fruit Salad Fresh Milk Flavoured Milk Fruit Juice – carton	Yoghurt / Fruit Salad Fresh Milk Flavoured Milk Fruit Juice – carton	Yoghurt / Fruit Salad Fresh Milk Flavoured Milk Fruit Juice – carton
Desserts of the Day	Vanilla Crunch & Custard	Flapjack & Custard	Cherry Love Cake & Custard	Oaty Fruit Crunch & Custard	Iced Gingerbread & Custard
Cookie/Biscuit selection for the week	Chocolate Brownie / Cowboy Cookies				