

new lunchtime service

great value, great food

A new lunchtime service is starting soon which is great value for money and provides a fantastic range of popular food. We've simplified the system so you know exactly what's available and how much it costs.

We are all keen to develop healthy eating, as a balanced lunch improves our concentration and energy levels throughout the day.

The new service provides:

- A great range of set priced Lunchtime Meal Deals – see opposite for the types of Deals available, and overleaf for more detail on the menu.
- An additional 'Sub Service' offers made to order Sub rolls, prepared with fillings of your choice.
- Excellent value – where else can you buy a nutritionally balanced, freshly prepared meal for just £2.00?
- Lunches served in a safe friendly environment
- All meal options are available to students entitled to a free school meal
- The menus comply with the latest school food trust nutritional standards

We are making these changes because we're passionate about providing a good quality and popular lunch service for all pupils. We know how important it is to create good eating habits that can last a lifetime. A healthy diet will also help improve your physical well being, mood, temperament and energy levels.

Suffolk County Catering is a trading unit of Suffolk County Council, operating on a not for profit basis. We are committed to local procurement and work hard to increase the value of locally sourced food. Over £400k per annum is currently spent on local food and all the eggs we purchase are free range.

all meals deals £2

Suffolk County Council is part of the Change4Life movement. In order to maintain a healthy weight we need to both eat well and move more. Many families are making changes that will help live healthier and longer lives.

Visit www.nhs.uk/change4life or call 0300 123 3434 for more information.

eat better do better

meal deals - how it works . . .

step 1	<i>Choose your deal</i> 	<ul style="list-style-type: none">• Cooks Choice• Pasta Deal• Baked Potato Deal• Pizza / Panini Deal• Sandwich Deal
step 2	<i>Add two sides</i>	<ul style="list-style-type: none">• Side Salad• Vegetable/Baked Beans
step 3	<i>Choose your dessert or drink</i>	
step 4	<i>Select your free bread</i>	
<i>Please pay at the till</i>		<i>"Top Ups" such as Biscuits, Canned Drinks, Xcite, etc. also available (all individually priced)</i>

Also available from the sub station:

freshly prepared Subs, made to order

