

Queen Mary Children's Centre Lunchtime Menu — October 2011 to April 2012

	Monday	Tuesday	Wednesday	Thursday	Friday
Week Beginning	Homemade Spaghetti Bolognese	Arabian Lamb served with Rice	Roast Chicken served with Roast Potatoes and Gravy	Lamb Meatballs in Homemade Tomato Sauce served with Pasta	Oven Baked Fish Fingers
31 st October 2011					Chipped Potatoes Cous Cous
28 th November 2011					Baked Beans Garden Peas
26 th December 2011	Peas Baked Beans	Sweetcorn Broccoli Florets	Fresh Cabbage Carrot Roundels	Whole Green Beans Sweetcorn	Choice of Salads
23 rd January 2012					Choice of Salads
20 th February 2012	Choice of Salads	Choice of Salads	Choice of Salads	Choice of Salads	Choice of Salads
19 th March 2012	Muller Strawberry Yoghurt	Chocolate Ice Cream Roll	Homemade Fruit Pudding with Custard	Muller Peach Yoghurt	Pineapple and Custard
	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter
Week Beginning	Oven Baked Breaded Haddock served with Herby Diced Potatoes	Homemade Beef Curry served with Rice	Roast Lamb served with Roast Potatoes and Gravy	Homemade Spaghetti Bolognese	Oven Baked Spicy Chicken Bites
7 th November 2011					Chipped Potatoes Steamed Rice
5 th December 2011					Baked Beans Garden Peas
2 nd January 2012	Peas Baked Beans	Cauliflower Mixed Vegetables	Fresh Cabbage Baton Carrots	Broccoli Florets Sweetcorn	Choice of Salads
30 th January 2012					Choice of Salads
27 th February 2012	Choice of Salads	Choice of Salads	Choice of Salads	Choice of Salads	Choice of Salads
26 th March 2012	Homemade Rice Pudding with Mandarins	Muller Fruit Corner	Homemade Lemon Drizzle Cake with Custard	Arctic Roll	Homemade Chocolate Pudding with Chocolate Custard
	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter
Week Beginning	Oven Baked Salmon Goujons served with Wedges	Homemade Lamb and Vegetable Casserole with Creamed Potatoes	Roast Chicken served with Roast Potatoes and Gravy	Oven Baked Lamb Sausages in Gravy served with Creamed Potatoes	Oven Baked Fish Fingers
14 th November 2011					Chipped Potatoes Cous Cous
12 th December 2011					Baked Beans Garden Peas
9 th January 2012	Baked Beans Mixed Vegetables	Sweetcorn Broccoli Florets	Cauliflower Florets Carrots	Sweetcorn Whole Green Beans	Choice of Salads
6 th February 2012					Choice of Salads
5 th March 2012	Choice of Salads	Choice of Salads	Choice of Salads	Choice of Salads	Choice of Salads
2 nd April 2012	Muller Raspberry Yoghurt	Peaches and Custard	Muller Rice	Homemade Chocolate Cake with Mandarins and Custard	Flavoured Yoghurt
	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter
Week Beginning	Oven Baked Lemon Sole served with Oven Baked Herby Potatoes	Homemade Macaroni Cheese	Roast Beef served with Roast Potatoes and Gravy	Oven Baked Lamb Burger served with Oven Baked Wedges	Oven Baked Fish Goujons
21 st November 2011					Chipped Potatoes Steamed Rice
19 th December 2011					Baked Beans Garden Peas
16 th January 2012	Peas Baked Beans	Sweetcorn Cauliflower Florets	Broccoli Florets Baton Carrots	Baked Beans Sweetcorn	Choice of Salads
13 th February 2012					Choice of Salads
12 th March 2012	Choice of Salads	Choice of Salads	Choice of Salads	Choice of Salads	Choice of Salads
9 th April 2012	Homemade Semolina Pudding with Pears	Homemade Jelly with Fruit	Homemade Fruit Biscuit with Custard	Muller Strawberry Yoghurt	Homemade Marble Cake with Custard
	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter

A choice of brown and white bloomer or french bread is available daily, some bread served without spread. Our baked beans are reduced salt and sugar. Our chipped potatoes and wedges are less than 5% fat. Cherry tomatoes, coleslaw and cucumber to be served daily with x2 additional salads. Homemade sauce available with main course dishes daily. Fresh fruit platter available daily.